

SUNDAY / DOMINGO

1:00PM 1.5HR Primary Purpose, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR Hope Dealers, Rule 62, 5097 Richmond Road, Warsaw, VA, 22572

7:00PM 1.25HR Welcome Home, Fredericksburg Methodist Church, Enter door near dumpster, 308 Hanover St, Fredericksburg, VA, 22401 **(O)**

MONDAY / LUNES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR In It to Win It, Fredericksburg United Methodist Church (Enter on Princess Anne Street, door near dumpster), 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC &)**

TUESDAY / MARTES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR Hope Fiends, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(LC)**

WEDNESDAY / MIÉRCOLES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR Alive & Free, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC &,PPE)**

7:00PM 1.25HR Clean Worx, Trinity Episcopal Church, William Street Entrance, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR Hope Dealers, Rule 62, 5097 Richmond Road, Warsaw, VA, 22572

THURSDAY / JUEVES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,DISC,WC &)**

7:00PM 1.25HR Ladies & Gentlemen in Recovery, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(M,W)**

7:00PM 1HR Welcome to the NAborhood ZOOM, 22401 **(VM)**

FRIDAY / VIERNES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1HR Alive & Free, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC &,PPE)**

7:00PM 1.25HR Back to Basics, Fredericksburg United Methodist Church (enter on Princess Anne, door near dumpster), 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC &,PPE)**

SATURDAY / SÁBADO

1:00PM 1.5HR Primary Purpose, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

7:00PM 1.5HR Experience, Strength & Hope, Christian Brotherhood Transition Program, 125 Old Greenwich Drive, Suite 100, Fredericksburg, VA, 22408 **(O,WC &,PPE)**

MEETING FORMAT LEGEND

DISC	Discussion	LC	Living Clean Study
M	Men	O	Open
PPE	Masks Required	VM	Virtual Web Meeting
W	Women	WC &	Wheelchair

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS**PHONE NUMBERS****RAPPAHANNOCK AREA****MEETING LIST****APRIL 2024****24 HOUR HELPLINE
NUMBER**

<https://na.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the **PHONE**
KEEP COMING BACK. IT WORKS

What is our message?

The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

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