SUNDAY / DOMINGO

1:00PM 1.5HR Primary Purpose, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC ♿)**

7:00PM 1.25HR Welcome Home, Fredericksburg Methodist Church, Enter door near dumpster, 308 Hanover St, Fredericksburg, VA, 22401 **(O)**

MONDAY / LUNES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street) 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC ♿)**

7:00PM 1.25HR In It to Win It, Fredericksburg United Methodist Church (Enter on Princess Anne Street, door near dumpster) 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC ♿)**

TUESDAY / MARTES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street) 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC ♿)**

7:00PM 1.25HR Be The We, Louisa United Methodist Church, Park on Side (Courthouse Square) 100 East Main Street, Louisa, Virginia, 23093 **(JFT)**

7:00PM 1.5HR Hope Fiends, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(LC)**

WEDNESDAY / MIÉRCOLES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street) 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC ♿)**

6:45PM 1HR Alive & Free, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC ♿,PPE)**

7:00PM 1.25HR Clean Worx, Trinity Episcopal Church, William Street Entrance, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC ♿)**

7:00PM 1HR Hope Dealers, Rule 62, 5097 Richmond Road, Warsaw, VA, 22572

7:00PM 1HR Hope Dealers, Rule 62, 5097 Richmond Road, Warsaw, VA, 22572

THURSDAY / JUEVES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline Street) 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,DISC,WC ♿)**

7:00PM 1.25HR Ladies & Gentlemen in Recovery, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(M,W)**

7:00PM 1HR Welcome to the NAborhood ZOOM, 22401 **(VM)**

FRIDAY / VIERNES

NOON 1HR Who Wants to Live, Fredericksburg Baptist Church (Enter on Caroline street) 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC ♿)**

6:45PM 1HR Alive & Free, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC ♿,PPE)**

7:00PM 1.25HR Back to Basics, Fredericksburg United Methodist Church (enter on Princess Anne, door near dumpster) 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC ♿,PPE)**

SATURDAY / SÁBADO

1:00PM 1.5HR Primary Purpose, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC ♿)**

7:00PM 1.25HR Experience, Strength & Hope, Eastland Methodist Church, 10718 Courthouse Road, Fredericksburg, VA, 22407 **(O,WC ♿,PPE)**

MEETING FORMAT LEGEND

DISC	Discussion	JFT	Just for Today Study
M	Men	O	Open
W	Women	WC &	Wheelchair
VM	Virtual Web Meeting	PPE	Masks Required
LC	Living Clean Study		

HELPLINES

Area 1	Number 1
Area 2	Number 2

SERVICE MEETINGS

PHONE NUMBERS

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

What is our message?

RAPPAHANNOCK AREA

MEETING LIST

NOVEMBER 2026

24 HOUR HELPLINE
NUMBER

https://na.org

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 20