

### SUNDAY / DOMINGO

**1:00PM 1.5HR Primary Purpose**, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

**7:00PM 1HR Hope Dealers**, Rule 62, 5097 Richmond Road, Warsaw, VA, 22572

**7:00PM 1.25HR Welcome Home**, Fredericksburg Methodist Church, Enter door near dumpster, 308 Hanover St, Fredericksburg, VA, 22401 **(O)**

### MONDAY / LUNES

**NOON 1HR Who Wants to Live**, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

**7:00PM 1.25HR In It to Win It**, Fredericksburg United Methodist Church (Enter on Princess Anne Street, door near dumpster), 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC &)**

### TUESDAY / MARTES

**NOON 1HR Who Wants to Live**, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

**7:00PM 1.25HR Be The We**, Louisa United Methodist Church, Park on Side (Courthouse Square), 100 East Main Street, Louisa, Virginia, 23093 **(JFT)**

**7:00PM 1.5HR Hope Fiends**, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(LC)**

### WEDNESDAY / MIÉRCOLES

**NOON 1HR Who Wants to Live**, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

**6:45PM 1HR Alive & Free**, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC &,PPE)**

**7:00PM 1.25HR Clean Worx**, Trinity Episcopal Church, William Street Entrance, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

### THURSDAY / JUEVES

**NOON 1HR Who Wants to Live**, Fredericksburg Baptist Church (Enter on Caroline Street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,DISC,WC &)**

**7:00PM 1.25HR Ladies & Gentlemen in Recovery**, Trinity Episcopal Church, William Street Entrance, 825 College Avenue, Fredericksburg, Virginia, 22401 **(M,W)**

**7:00PM 1HR Welcome to the NAborhood ZOOM**, 22401 **(VM)**

### FRIDAY / VIERNES

**NOON 1HR Who Wants to Live**, Fredericksburg Baptist Church (Enter on Caroline street), 1016 Caroline Street, Fredericksburg, VA, 22401 **(O,WC &)**

**6:45PM 1HR Alive & Free**, Culpeper Senior Center, 710 US Avenue, Culpeper, VA, 22701 **(O,WC &,PPE)**

**7:00PM 1.25HR Back to Basics**, Fredericksburg United Methodist Church (enter on Princess Anne, door near dumpster), 308 Hanover Street, Fredericksburg, VA, 22401 **(O,WC &,PPE)**

### SATURDAY / SÁBADO

**1:00PM 1.5HR Primary Purpose**, Trinity Episcopal Church, We have moved rooms! Use William St. entrance, enter first door on left, 825 College Ave, Fredericksburg, VA, 22401 **(O,WC &)**

**7:00PM 1.5HR Experience, Strength & Hope**, Christian Brotherhood Transition Program, 125 Old Greenwich Drive, Suite 100, Fredericksburg, VA, 22408 **(O,WC &,PPE)**

**MEETING FORMAT LEGEND**

M	Men	O	Open
W	Women	DISC	Discussion
JFT	Just for Today Study	WC &	Wheelchair
VM	Virtual Web Meeting	LC	Living Clean Study
PPE	Masks Required		

**HELPLINES**

Area 1 Number 1  
Area 2 Number 2

**SERVICE MEETINGS****PHONE NUMBERS****RAPPAHANNOCK AREA****MEETING LIST****JANUARY 2026****24 HOUR HELPLINE  
NUMBER**

<https://na.org>

**SUGGESTIONS FOR EVERYONE**

**DON'T USE** no matter what  
Ask your Higher Power to keep you clean  
Come early and stay late  
Get a home group  
Go to 90 meetings in 90 days  
Read NA literature daily  
Get and use a sponsor  
Use the **PHONE**  
**KEEP COMING BACK. IT WORKS**

**What is our message?**

The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.

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