

## Rappahannock ASC Minutes for

# August 2023

Welcome new and returning ASC members!  
12 Homegroups are currently in the Area!

### **Subcommittee Meeting Schedule:**

Activities – 3<sup>rd</sup> Thursday – 5:00 on ZOOM

H & I – 1<sup>st</sup> Sunday – 3:00 on ZOOM/In-Person Hybrid

PR – 4<sup>th</sup> Wednesday – 6:00 on ZOOM

## I. Serenity Prayer/Motion to Record

## II. Readings

- A. Service Prayer (Maurice.)
- B. Purpose of Area Service (Joey H.)
- C. 12 Concepts of NA Service (Chris C.)
- D. 12 Traditions of Narcotics Anonymous (Laina L.)
- E. Decorum Statement (Robb B.)

## III. Roll Call

### A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	o6	o7	o8	Report	Comment
Chair	Richard M.	A	P	P	N	Richard M. voted in on 7/2021
Vice Chair	Michael M.	P	P	P	N	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	P	P	P	N	Aaron V. voted in 1/2022
Secretary II	OPEN	P	-	-	--	
Treasurer I	Brandon H.	P	P	P	Y	Brandon H. voted in 2/06/22
Treasurer II	Britany M.	P	P	P	N	Britany M. voted in 5/7/2023
RCM I	Cat E.	P	P	P	Y	Cat E. voted in on 3/2021
RCM II	Rudy C.	A	A	A	N	Rudy C. voted in on 12/2021
VRCC Dir.	OPEN	-	-	-	--	
Activities	Mimi W.	P	P	P	Y	Mimi W. voted in on 3/05/2023
H&I	Laina L.	P	P	P	Y	Laina L. voted in on 3/2022
PR	Robb B.	P	A	P	Y	Robb B. voted in on 4/02/2023
Literature	Jay H.	P	P	P	N	Jay H. voted in 2020
RACC	Ron M.	P	P	P	Y	Ron M. voted in on 12/2021

Legend: P = Present A = Absent \* = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: [www.rappna.org](http://www.rappna.org) ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	06	07	08	NAME	POSTION
Primary Purpose	P	P	P	Michael M.	REP
Welcome Home	P	P	P	Jess J.	GSR
Who Wants to Live	A	P	P	Joey H.	GSR
In It to Win It	P	P	P*	Dominic E.	GSR
Clean Worx	P	P	P	Chris C.	GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	P	P	P	Stephanie H.	GSR
Experience, Strength, & Hope	A	P	P	Aaron V.	REP
Hope Fiends	P	P	P	Justin G.	GSR
Hope Dealers	P	P	P	Sam T.	GSR
Ladies & Gentleman in Recovery	P	P	P	Felicia H.	GSR
Alive & Free	A	A	P	Janice S.	GSR
Regardless Of <i>(Has been removed from the Meeting List)</i>	A	A	A	---	---

Legend: P = Present A = Absent \* = Arrived Late

IV. 1<sup>st</sup> Quorum Call

1 <sup>st</sup> QUORUM CALL -Must Meet 6 per Bylaws	
Group Represented	12
Procedural Votes	10
Quorum Met?	✓

v. Adoption of the Agenda

**Motion #08-06-01:** To adopt Agenda as proposed. (Amendment made to add PR Chairperson)

Maker: Richard M.

**VOTE:** For: 10 Against: 0 Abstain: 0 **Motion: PASSED**

## VI. Adoption of July Minutes

**Motion #08-06-02:** To approve minutes.

*Maker: Richard M.*

**VOTE:** For: 10 Against: 0 Abstain: 0 **Motion: PASSED**

## VII. Secretary Report

- A. Secretary I – **Aaron V. - None**
- B. Secretary II – **OPEN**

## VIII. Chairperson Report – Richard M.- None

## IX. Vice Chairperson Report – Michael M.-None

## X. Treasurer Report

- A. Treasurer I – **Brandon H.** – Hello Rana,  
Our current balance, as of today, is \$2,568.54. Deposits were made on July 11<sup>th</sup> in the amount of \$686.29. The break down of the deposits is as follows: \$82.40 for Literature. \$231.37 from activities. \$372.52 in area donations, totaling in the amount of \$686.29. We had a debit from ZOOM in the amount of \$16.79. Also, I would like to make a motion to donate \$100.00 to the region if the ASC body approves. Thanks for letting me Serve
- B. Treasurer II – **Britany M. – None**

**RCM Report- Cat E. & Rudy C.** - Hi Rana family, Central area region did not meet last month, July, however we will meet August 19, 2023 via zoom. 10am-2pm 304-156-278. (Read ad hoc committee letter) We are asking 5 trusted servants to join us in this meeting. The intent is to help restructure our fellowship to be able to carry our primary purpose, the message to the addict who still suffers, tradition 5. The following events are as follows: 3RD ANNUAL TABA FEST SUNDAY AUG 20, 2023 11AM-4PM LITTLE ISLAND PARK SHELTER 4, 3820 Sand Piper road VA BEACH 23456, 15\$ LAND FOOD, 30\$ SEAFOOD TICKET SALES END 8-12-23, CCNA 31ST CANADIAN CONVENTION SHERATON HYAC IN THE HOTEL, HYACINTHE, QUEBEC SEPT 1,2,3 WWW.CANADIANCONVENTION.COM, RACNA 3 FREDERICKSBURG, VA SEPTEMBER 15,16,17, 2023, FREDERICKSBURG EXPO AND CONFERENCE CENTER 2371 CARL D SILVER PKWY HAMPTON INN SUITES AND HOMEWOOD SUITES LODGING. Camp Jam 7, Camp Minco, Keyser WV 26726, this is A gateway to freedom area event. 14th annual Serenity on the Shore, First Landing State Park Oct 13-15th 35.00\$ pre-registration, 40.00 day of, \$20.00 pre-registration day pass, 25.00 day of pass. car-na.org or rappna.org to see current events and flyers. Feel free to contact me anytime. In Loving Service, Cat

**VRCC Report – OPEN POSTION**

## **XI. Subcommittee Reports**

A. **Activities**– Mimi W.- Hello RANA family, August 13<sup>th</sup> picnic is next Sunday at Loriella Park from 12 to 5pm. I am requesting \$200.00 at this time for the basics that will be provided...hamburgers, hotdogs, buns, water, juice, soda, and chips. If you attend, and can, please bring a side dish...this will be appreciated. Come out and enjoy food, fun, and fellowship. Fellow members and I have made, collected, and shopped for things to RAFFLE.... wreaths, beach stuff, movie stuff, NA things, registration to RACNA 3, and more! Also, members will be bringing cornhole, games, and water things for kids. Fun should be had by all. In loving service, Mimi W.

B. **Hospitals & Institutions** – Laina L.- H&I always needs speakers, please get in touch with Laina L, Joey H, Dominic, Billy, Jess, Thomas, or Jeff W. to be of service. 6 months working NA steps with NA sponsor. We have an open panel leader position at Boxwood. Every 5th Saturday at 8pm. Requirement 1-year clean time, NA steps with NA sponsor. It will be your responsibility to being a speaker with you that qualifies. H&I is requesting the remainder of their budget for literature and would like a check so we can place the order through free state. We go to Spotsylvania Regional every Tuesday at 7 pm Boxwood 1st Thursday at 8pm 3rd Sat at 8pm 3rd Sunday at 3pm 5th Saturday at 8pm. Thanks, Laina

C. **Literature** – Jay H.-None

D. **Public Relations** – Robb B.- Not too much of an update this month. We will be putting together more IP kits to send to facilities who responded to our mailings and will be discussing attending a possible recovery event in September happening at Old Mill Park as a part of National Recovery Month. More Info will be updated after I speak with the organizers. Updated Q3 meeting lists are available and are now also available on the website for printing if you run out before the next ASC Meeting. Look under the ASC Documents and Forms section of the website. Please continue to inform myself or Natalie M. of anything you would like updated, posted, or changed on the website. Thanks for the opportunity to serve. - Robb

E. **RACC (Convention)** – Ron M.- Hello everyone, this month we are meeting twice a month getting last minute things in order. Our next fundraiser is August 19<sup>th</sup> from 2-10pm at Spotsylvania Church of Christ- 10609 Piedmont Dr. Fredericksburg, VA.

- It is a mini convention/speaker jam including food, fun, fellowshiping, and a key tag countdown.

- It is our last fundraiser of the year.

Lastly, please announce the convention itself: RACNA 3 “Change I must, or Die I will” 9/15/23 to 9/17/23 at the Fredericksburg Expo Center. Registration, Banquet, and Hotel discount visit our website for complete details. [www.rappna.org](http://www.rappna.org) thanks for letting me serve- Ron M.

**AD-HOC: Bank accounts and website**- Robb B.- Bank statements have been gathered to work on the audit.

## **Home Group GSR Reports**

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Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
<b>Welcome Home</b>	Jess J.	Sun. 7:00 – 8:15 PM	10	35/3	0	0
Britany M. 9 years on 8/6. Jerine 15 years on 8/13. Welcome Home Picnic @ Loriella Park- Sept. 3 <sup>rd</sup> from noon to 5pm						
<b>Who Wants to Live</b>	Joey H.	Mon. – Fri. 12 – 1:15 PM	6	5-10/1-2	0	0
Support Needed. Concerns from the church regarding excessive noise.						
<b>In It to Win It</b>	Dominic E.	Mon. 7:00 – 8:00 PM	9	20-25/2-3	\$50.00	\$81.00
SPAD literature study.						
<b>Clean Works</b>	Chris C.	Wed. 7:00 – 8:15 PM	14	22-25/2	0	0
Meeting is back in main room. Chris C. 1 year on 8/30 Casey F. 8 years on 8/23						
<b>Welcome to the NAborhood</b>	Dawn L.	Thu. 7:00 – 8:00 PM	5	10/1	0	0
Rotating NA Literature format. IF you need literature, please ask a Home Group member.						
<b>Back to Basics</b>	Stephanie H.	Fri. 7:00 – 8:15 PM	5	25-30/1-2	\$25.00	0
<b>Primary Purpose</b>	Michael M.	Sat. & Sun. 1–2:30 PM	7	8/2	0	\$125.50
NEEDS SUPPORT. Same building now downstairs. Looking for trusted servants						
<b>Experience, Strength, &amp; Hope</b>	Aaron V.	Sat. 7:00 – 8:30 PM	9	15-22/2-6	\$20.00	0
Rudy C. 16 years on 9/23 Daryll C. 20 years 9/30						
<b>Hope Fiends</b>	Justin G.	Tues. 7:00– 8:00 PM	11	25/2	\$50.00	0
Laina L. 5 years on 8/15						
<b>Hope Dealers</b>	Sam T.	Weds. & Sun. 7:00-8:00 PM	8	16/1	\$50.00	\$58.00
Always looking for new speakers for the last Wednesday of every month.						
<b>Ladies &amp; Gentlemen in recovery</b>	Felicia H.	Thurs. 7:00-8:15 PM	8	22/2	0	\$9.00
Dumpster Location. NEEDS SUPPORT. NEEDS Home Group members. CLOSED Meeting Format.						
<b>Alive &amp; Free</b>	Janice S./Jon F.	Multiple days	15	10-15/1-2	\$100.00	\$183.55
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm–Fri. @ 7pm–Sun. @ 5pm						

**XII. 10 MINUTE RECESS – Taken**

**XIII. 2<sup>nd</sup> Quorum Call –**

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Jess J.	GSR
2. Who Wants to Live	P	Joey H.	GSR
3. In It to Win It	P	Dominic E.	GSR
4. Clean Works	P	Chris C.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	P	Stephanie H.	GSR
7. Primary Purpose	P	Michael M.	REP
8. Experience, Strength & Hope	P	Aaron V.	REP
9. Hope Fiends	P	Justin G.	GSR
10. Ladies & Gentlemen in Recovery	P	Felicia H.	GSR
11. Hope Dealers	P	Sam T.	GSR
12. Alive & Free	P	Janice S.	GSR

<b>2<sup>nd</sup> QUORUM CALL -Must meet 6 per Bylaws</b>	
Group Represented	12
Procedural Votes	11
Quorum Met?	✓

**XIV. Old Business –None**

**XV. Open Sharing Session –**

--Just a reminder that September’s ASC is moved to the second Sunday of September, which will be the 10<sup>th</sup> of September.

The following quoted and italicized portion is a letter written to the body regarding a challenge arising at/during the Thursday night meeting:

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--*“First and foremost, I would like to openly apologize for any harm directly or indirectly I have caused to the members of the Thursday night Ladies and Gentlemen group of Narcotics Anonymous.*

*The following topic of discussion is not intended to use NA literature as a weapon but to acknowledge and discuss a difficult and sensitive topic in an atmosphere of recovery, where principles can come before personalities. As “personal recovery depends on NA unity” (Pg. 61, Basic Text), are we doing everything we can to welcome everyone? Tradition 4 expresses that, “Each group is autonomous, except in matters affecting other groups or NA as a whole.” (Pg. 67, Basic Text). It was brought to my attention that our area may have an influx of transgender or non-binary individuals that may be impacted from having a men and women’s only meeting. Special interest meetings, more recently known as common needs meetings, are a common practice within NA as a whole. NA world service published Bulletin #18 in 1988 that states, “There does not appear to be anything in the Twelve Traditions which cautions groups against holding special interest meetings, provided that the group has no requirement for membership other than the desire to stop using” (NA World website, Special Interest Meetings Bulletin #18”. Tradition 5 states, “Each group has but one primary purpose – to carry the message to the addict who still suffers” (Pg. 67, Basic Text). Our literature goes on to express in Tradition 4 that, “Like group conscience, autonomy is a two-edged sword. Group autonomy has been used to justify violation of the Traditions. If a contradiction exists, we have slipped away from our principles.” (Pg. 67, Basic Text). Once again, I ask, are we doing everything we can to welcome everyone? Tradition 3 states, “Desire is our only requirement. Addiction does not discriminate. This tradition is to ensure that any addict, regardless of drugs used, race, religious beliefs, sex, sexual preference, or financial condition is free to practice the NA way of life.” (Pg. 65, Basic Text). Some may view this as an outside issue, however, this could affect NA as a whole, as transgender and non-binary people are individuals who attend our meetings. We are a small area and have only one in-person meeting on Thursday night, which could be interpreted as exclusive to someone seeking a meeting who identifies as transgender or non-binary. Tradition 10 states, “Our recovery speaks for itself. Our Tenth Tradition specifically helps protect our reputation. This tradition says that NA has no opinion on outside issues. We don’t take sides. We don’t have*

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*any recommendations. NA, as a fellowship, does not participate in politics; to do so would invite controversy. It would jeopardize our Fellowship. Those who agree with our opinions might commend us for taking a stand, but some would always disagree. With a price this high, is it any wonder we choose not to take sides in society's problems? For our own survival, we have no opinion on outside issues." (Pg. 74, Basic Text). Does having a men's and women's only meeting contradict our primary purpose and traditions? Regardless of our personal opinions, how can we ensure that everyone is welcome at every group in our area? Tradition 5 states, "If our group purpose were anything other than to carry the message, many would die and few would find recovery." (Pg. 68, Basic Text).*

*The intent of presenting this information, is to bring about a discussion where personal opinion is set aside; to ensure that we are carrying that message to any addict who has a desire to stop using and provide an atmosphere of recovery. Tradition 12 states, "We have heard the phrase "principles before personalities" so often that it is like a cliché. While we may disagree as individuals, the spiritual principle of anonymity makes us all equal as members of a group. No member is greater or lesser than any other member. The drive for personal gain in the areas of sex, property and social position, which brought so much pain in the past, falls by the wayside if we adhere to the principle of anonymity. Anonymity is one of the basic elements of our recovery and it pervades our Traditions and our Fellowship. It protects us from our own defects of character and renders personalities and their differences powerless. Anonymity in action makes it impossible for personalities to come before principles." (Pg. 76, Basic Text). Is a men's and women's only meeting ensuring that the principle of anonymity is being upheld? Tradition 2 states, "True spiritual principles are never in conflict; they complement each other. The spiritual conscience of a group will never contradict any of our traditions." (Pg. 64, Basic Text). Tradition 2 goes on to state, "An atmosphere of recovery in our groups is one of our most valued assets, and we must guard it carefully, lest we lose it to politics and personalities" (Pg. 64, Basic Text). Is a men's and women's only meeting following the spiritual principles of NA as a whole? In summary, are we doing everything we can to welcome everyone? Does having a men's and women's only meeting contradict our primary purpose and traditions? Regardless of our personal opinions, how can we ensure that everyone is welcome at every group in our area? Is a men's*



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*and women's only meeting ensuring that the principle of anonymity is being upheld? Is a men's and women's only meeting following the spiritual principles of NA as a whole?*

*Potential Solutions:*

*\* Add a third split off meeting.*

*\* The home group identifies a member who can lead said third meeting provided on circumstance.*

*\* Open another meeting.*

*\* Combine the men's and women's meeting.*

*\* After reading of opening literature and before open discussion, present an opportunity for members to go around and introduce themselves and state their preferred pronouns.*

*Being mindful to maintain an atmosphere of recovery."*

--A member spoke on their point of view and concerns regarding the challenges that came from this situation. Pointing to the important and larger topic of inclusion and/or exclusion based on one's preferred pronouns, sexual identity, and LGBTQ.

--The ASC Chairperson pointed out that, via our bylaws, the ASC does not govern the groups.

--Regarding NA Traditions, we should not be instructing fellow NA members, newcomers, and the like on what meeting that said individual needs to or not to attend. A home group can suggest a meeting that someone may be more comfortable at a different meeting or a "special interest" style meeting but should not be turning away anyone coming into the rooms.

--Regarding the challenges at the Thursday Night meeting; after the chairperson had several discussions with experienced members it seems that the challenge at the Thursday night meeting came down to a misunderstanding or miscommunication, for the most part. Also, it was noted that the specifics are not an area issue, and the discussion was tabled after the 20-minute time allotment.

**New Business:**

**Motion #1**

Date: 08/06/2023

Motion Maker: Mimi W.

Second by GSR: Jess J.

Motion: \$200

Intent: Activities picnic

Should this motion be sent back to groups? NO

**Motion #2**

Date: 08/06/2023

Motion Maker: Brandon H.

Second by GSR: Justin G.

Motion: Donate \$100.00 to region

Intent: To further our primary purpose

Should this motion be sent back to groups? YES

**Motion #3**

Date: 08/06/2023

Motion Maker: Robb B.

Second by GSR: BUDGETED ITEM

Motion: \$37.05 Reimbursement

Intent: Meeting List and Agenda Printing

Should this motion be sent back to groups? NO

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**Motion #4**

Date: 08/06/2023

Motion Maker: Laina L

Second by GSR: H&I

Motion: Requesting \$350 budget for literature, request check from area to purchase order through free state.

Intent: literature for H&I to help continue to carry the message.

Should this motion be sent back to groups? NO

**XVI. ASC OPEN POSITIONS**

- Chairperson- Open as of July 2023 -Dominic E. self-nominated. Tabled till next area.
- Secretary II – Open
- VRCC Chairperson- Open
- Literature-Open
- RCM I-Open as of March 2023
- Activities Chairperson- Open in September. Please be announcing.

**XVII. Review of Group Status and Business**

The following groups have missed at least 3 consecutive ASC's: **Regardless Of: Has been removed from the RANA meeting list.**

**- Adjournment and Serenity Prayer**

*The next ASC meeting begins at 4 p.m. on Sunday, September 10<sup>th</sup>, 2023, on ZOOM & in-person.*

Submitted to RANA ASC for approval by Aaron V.