

Rappahannock ASC Minutes for

December 2023

Welcome new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 3rd Saturday – 5:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM

I. Serenity Prayer/Motion to Record

II. Readings

- A. Service Prayer (Justin G.)
- B. Purpose of Area Service (Ron M.)
- C. 12 Concepts of NA Service (Raya N.)
- D. 12 Traditions of Narcotics Anonymous (Steven P.)
- E. Decorum Statement (Sam T.)

III. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	10	11	12	Report	Comment
Chair	Richard M.	P	P	P	N	Richard M. voted in on 9/10/2023
Vice Chair	Michael M.	P	P	P	N	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	P	P	P	N	Aaron V. voted in 1/2022
Secretary II	OPEN	-	-	-	--	Position is open
Treasurer I	Brandon H.	P	P	P	Y	Brandon H. voted in 2/06/22
Treasurer II	Britany M.	P	A	P	N	Britany M. voted in 5/7/2023
RCM I	Jay H.	A	P	P	N	Jay H. voted in on 11/5/23
RCM II	OPEN	-	-	-	--	Position is open
VRCC Dir.	OPEN	-	-	-	--	Position is open
Activities	Ron M.	P	P	P	--	Ron M. voted in on 10/01/2023
H&I	Laina L.	P	A	P	Y	Laina L. voted in on 3/2022
PR	Robb B.	P	P	P	Y	Robb B. voted in on 4/02/2023
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 11/5/23
RACC	Rudy C.	P	-	P	Y	Rudy C. voted in on 11/5/23

Legend: P = Present A = Absent * = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	10	11	12	NAME	POSTION
Primary Purpose	P	P	A	Michael M.	REP
Welcome Home	P*	P	P	Raya N.	GSR
Who Wants to Live	P	A	P	Jeanette F.	GSR
In It to Win It	P	P	P	Cat E.	GSR
Clean Worx	P	P	A		GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	P	P	P	Maurice F.	GSR
Experience, Strength, & Hope	P	P	P	Aaron V.	REP
Hope Fiends	P	A	P	Justin G.	GSR
Hope Dealers	P	P	P	Sam T.	GSR
Ladies & Gentleman in Recovery	P	P	P	Felicia H.	GSR
Alive & Free	P	P	A		GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

IV. **1st Quorum Call**

1st QUORUM CALL -Must Meet 6 per Bylaws	
Group Represented	10
Procedural Votes	8
Quorum Met?	✓

V. Adoption of the Agenda

Motion #12-03-01: To adopt Agenda as proposed. Maker: Richard M.

VOTE: For: 8 Against: 0 Abstain: 0 **Motion: PASSED**

VI. Adoption of November Minutes

Motion #12-03-02: To approve minutes.

Maker: Richard M.

VOTE: For: 8 Against: 0 Abstain: 0 **Motion: PASSED**

VII. Secretary Report

- A. Secretary I – Aaron V. - **None**
- B. Secretary II – **OPEN**

VIII. Chairperson Report – Richard M.- **None**

IX. Vice Chairperson Report – Michael M.-**None**

X. Treasurer Report

- A. Treasurer I – Brandon H. –

Good afternoon, Rana. I did not make it up to get my Treasurer stuff. Now that I have my Treasurer stuff, I will make the deposits from November to December. Also want to remind this body that my term ends in February. New Frontiers in my life will not allow me to serve Rana in the same capacity.

In loving service, Brandon H.

- B. Treasurer II – Britany M. – **None**

RCM Report- Jay H.- Nothing to report.

VRCC Report – OPEN POSTION

XI. Subcommittee Reports

- A. **Activities**– Ron M. –

Our last meeting was held Saturday November 18th at Wegmans, we had 8 in attendance, we made plans for New Years Eve. Here's the details... 'New Years Eve Pajama party' it's free to attend and yes, wear your pj's. Sunday December 31st from 8:30-12:30. Live DJ. Pizza, finger foods, snacks. Noise makers and hats available. Our next subcommittee meeting will be held December 16th, 4-5 pm at Wegmans upstairs. All are welcome. Today I'm asking area for \$200. from our budget for this activity. Thanks for letting me serve Ron M.

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B. **Hospitals & Institutions** – Laina L.-

All panel leader positions are filled. We are always looking for speakers. We go to Spotsy Regional every Tuesday at 7PM and Boxwood every 1st Thursday and Saturday. Every 3rd Saturday and Sunday and every 5th Saturday. Panel leaders must have 1-year clean time working NA steps with and NA sponsor. Speakers must have 6 months clean working NA steps with an NA sponsor. Feel free to reach out to Laina, Billy, Dominic, Alek, Jess, Joey H, Thomas, Jeff W., or Cat if you're interested in being of service. Thanks, Laina

C. **Literature** – Natalie M.-

Hello ASC, thank you to all GSRs for voting me in last month and allowing me to serve as the RANA Literature Chair. I was added to the literature email so any JotForm Literature Orders should come directly to me moving forward. I have counted and recorded the inventory as of this month and recorded it in a spreadsheet which I will use to track the current inventory each month as orders are fulfilled. There has been a suggestion to research Free State's shipping rates and compare them with NAWS to potentially cut costs and save shipping times, so I have looked into this and concluded that there is no cost benefit to changing the ordering. I have purchased a new BIN for literature totaling \$15.48 and have given Brandon the receipt for reimbursement from the literature budget for 2023. Finally, I will be starting a subcommittee for Literature for anyone that would like to be involved or has any feedback or suggestions about how to improve the subcommittee. We will be meeting before January Area at 3 PM at Trinity Episcopal, and I will be adding this information to the website. Thank you for letting me serve, Natalie M.

D. **Public Relations** – Robb B.-

Hello everyone. We are looking forward to this coming year. Fliers have been designed and printed and I currently have a list of 10 locations that have community boards that we will be posting these too. If anyone knows of other locations, please let me know. We will also be submitting orders next month for our literature/meeting list displays for organizations in the area. If anyone is interested in participating in PR, please let me know. Also! If anyone is being elected or has been elected to a new position on the ASC, please let me know so that I can get their email forwarding set up. And as always, please let me and/or Natalie know if any changes need to be made to the website or meeting list. Thanks for the opportunity to serve. Robb

E. **RACC (Convention)** – Rudy C.-

Dear ASC, On December 2, 2023, at 1500-1605, the RACC Chairperson held an election of new committee members at Trinity. In attendance was Natalie M., Michael M., Mark T., Stephanie P., and Raya. The following positions were filled: Secretary- Natalie M. Arts & Graphics- Stephanie P. Merchandise- Mark T. The following positions are still open: Vice-Chair, Alternate Secretary, Treasurer, Alternate Treasurer, Registration, Convention Information, Hospitality, Programming, and Fundraising/Entertainment. We will be meeting every second Tuesday at 7pm at 125 Old Greenwich Drive, Suite 100, Fredericksburg, VA 22408. I will be handing off a manilla envelope containing Meeting minutes, Committee contacts, Registration spreadsheet, and a memory card to Natalie M. Also, I will be

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sending Natalie M. and Robb B. an email of our current bylaws/guidelines to be added to our website; Natalie M. will be updating a flyer of our next meeting and the open positions. The only request I have from all GSR's/representatives is to announce our meeting day, time, and the open positions in your meetings. In loving service, Rudy C.--RACC Chair

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HOME GROUP GSR REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Raya N.	Sun. 7:00 – 8:15 PM	14	34/1-2	0	\$27.00
Ron M.-19 years on January 7 th Eating. Meeting Open on Christmas Eve.						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	7	10-14/4	\$105.00	0
Please see open share section for their announcement						
In It to Win It	Cat E.	Mon. 7:00 – 8:00 PM	8	40-45/4-5	\$50.00	0
SPAD literature study. Monday the December 11 th will be held from 8:30 to 9:30 pm. Meeting open on Christmas Day.						
Clean Works		Wed. 7:00 – 8:15 PM		/	0	0
Mark T. on 12/20- 20 years & Jackie W. on 12/17-2 years						
Welcome to the Naborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	2-7/1	0	0
Back to Basics	Maurice F.	Fri. 7:00 – 8:15 PM	5	20/5	0	0
January 5 th -Joy H. -7 years						
Primary Purpose	Michael M.	Sat. & Sun. 1–2:30 PM	6	11/5	0	\$76.00
First Saturday of the month will be a Speaker/Step meeting						
Experience, Strength, & Hope	Aaron V.	Sat. 7:00 – 8:30 PM	9	23/5	0	0
January 20 th – 3 to 6 pm - 34 th year meeting anniversary						
Hope Fiends	Justin G.	Tues. 7:00– 8:00 PM	11	30/3-4	\$50.00	0
Greg G. 2 years-February 27 th						
Hope Dealers	Sam T.	Weds. & Sun. 7:00-8:00 PM	10	13/1	\$50.00	\$26.00
Ladies & Gentlemen in recovery	Felicia H.	Thurs. 7:00-8:15 PM	15	30/2	0	\$10.00
Steven P. 7 years on January 25 th						
Alive & Free		Multiple days		/	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm–Fri. @ 7pm–Sun. @ 5pm. Friday Night Meeting needs support.						

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XII. 10 MINUTE RECESS – Taken

XIII. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Raya N.	GSR
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Cat E.	GSR
4. Clean Works	A		GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	P	Maurice F.	GSR
7. Primary Purpose	P	Michael M.	REP
8. Experience, Strength & Hope	P	Aaron V.	REP
9. Hope Fiends	P	Justin G.	GSR
10. Ladies & Gentlemen in Recovery	P	Felicia H.	GSR
11. Hope Dealers	P	Sam T.	GSR
12. Alive & Free	A		GSR

2nd QUORUM CALL -Must meet 6 per Bylaws	
Group Represented	10
Procedural Votes	8
Quorum Met?	✓

XIV. Old Business –

Point of information was made that H&I was not present during any of the budget review meetings. Per by-laws: ALL sub committees must attend. Motion to table above discussion was made until Next ASC when H&I can be present for further discussion.

Motion #1 [#11-05-1]

Date: 11/05/2023

Motion Maker: Robb B.

Second by GSR: Felicia H.

Motion: To approve the proposed budget for 2024

Intent: To provide a financial outline for the Rappahannock Area so that it may continue to operate in fulfilling our primary purpose.

Should this motion be sent back to groups? YES

VOTE: For: 7 AGAINST: 0 ABSTAIN: 1 MOTION: PASSED 2024 BUDGET APPROVED

XV. Open Sharing Session:

Who Wants to Live Home Group GSR announcement—"The Who Wants to Live Group will be meeting at the Fredericksburg United Methodist Church, 308 Hanover St. (Princess Anne St/Dumpster Entrance) on the following days:

– Fri 12/22

– Mon 12/25 (Christmas Day)

– Fri 12/29

– Mon 1/1 (New Year's Day)

Who Wants to Live is excited to host holiday marathon meetings on December 25th, 2023, from 12:00-6:00 p.m. at Fredericksburg United Methodist Church, 308 Hanover St. (Princess Anne St/Dumpster Entrance). Please join us in celebrating the gift of recovery with an afternoon of food, fellowship, family, and speaker-led marathon meetings! Thank you for the overwhelming amount of enthusiasm, passion, and support already received for this event! It has been truly moving. Please feel free to take fliers back to your home groups! In loving service, Jeannette F."

-PR regional phone line and phone call list discussion. Discussion brought up that two members are active on the area phone line/call list. It was discussed that we should have/need more members to participate on the phone line.

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-Questions about clean time requirements for phone line volunteers. Currently, nothing in our by-laws regarding clean time requirements. Potential to amend by-laws upon further research and discussion. The Region may have clearer guidelines but will need further discussion via region.

-Suggested to ask our RCM team to take some of these questions to the region and inquiry about clean time, duties and qualifications regarding PR and phone line volunteers to help our area gauge our requirements for implementation of phonenumber volunteer requirements into our bylaws.

-Training or a workshop was brought up to train volunteers on the phone line. Noted because volunteers will get callers who may be on the verge of self-harm and without appropriate training one will not know how to mediate the situation to offer other resources to the caller(s). Ask our RCM team to request a training workshop back to our area.

-People vaping in meetings was brought up and the concern that there will be the potential of losing meeting spaces. Vaping needs to be treated the same as smoking.

XVI. New Business:

Motion #1

Date: 12/03/2023

Motion Maker: Ron M

Second by GSR: Felicia

Motion: Asking area for \$200. from activities budget for New Years Eve celebration

Intent: To have a safe place for everyone to celebrate, and show we do have fun in recovery

Should this motion be sent back to groups? NO

Motion #2

Date: 12/03/2023

Motion Maker: Natalie M

Second by GSR: Justin G

Motion: Reimburse Literature Chair for \$16.30 expense to purchase a new bin for literature

Intent: To reimburse for literature expense from the Lit budget

Should this motion be sent back to groups? NO

XVII. ASC OPEN POSITIONS

- Secretary I – Open in January. Please be announcing.
- Secretary II- Open position
- Treasurer I- Open Position- Please be announcing.
- VRCC Chairperson- Open
- RCM II- Open. Please be announcing.

XVIII. Review of Group Status and Business

The following groups have missed at least 3 consecutive ASC's: **None**

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, January 7th, 2024, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V.