

Rappahannock ASC Minutes for

April 2024

Welcome new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 3rd Saturday – 5:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM

I. Serenity Prayer/Motion to Record

II. Readings

- A. Service Prayer (Phoenix A.)
- B. Purpose of Area Service (Michael M.)
- C. 12 Concepts of NA Service (Mimi W.)
- D. 12 Traditions of Narcotics Anonymous (Rudy C.)
- E. Decorum Statement (Steven P.)

III. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	02	03	04	Report	Comment
Chair	Richard M.	P	P	P	N	Richard M. voted in on 9/10/2023
Vice Chair	Michael M.	A	P	P	N	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	P	P	P	N	Aaron V. voted in 1/2024
Secretary II	OPEN	-	-	-	--	Position is open
Treasurer I	Britany M.	P	-	P	Y	Britany M. voted in on 3/03/24
Treasurer II	OPEN	P	-	-	-	Position is open
RCM I	Jay H.	P	P	A	N	Jay H. voted in on 11/05/23
RCM II	Dominic E.	-	-	A	--	Dominic E. voted in on 3/03/24
VRCC Dir.	OPEN	-	-	-	--	Position is open
Activities	Ron M.	P	P	P	Y	Ron M. voted in on 10/01/2023
H&I	Laina L.	P	P	P	Y	Laina L. voted in on 3/2022
PR	Robb B.	P	P	P	Y	Robb B. voted in on 4/02/2023
Literature	Natalie M.	A	P	P	N	Natalie M. voted in on 11/05/23
RACC	Rudy C.	P	P	P	Y	Rudy C. voted in on 11/05/23

Legend: P = Present A = Absent * = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – April 2024

B. Group Service Representative/Home Group Roll Call

GROUP NAME	02	03	04	NAME	POSTION
Primary Purpose	P	P	P	Jess J.	GSR
Welcome Home	P	P	P	Phoenyx A.	GSR
Who Wants to Live	P	P	P	Jeanette F.	GSR
In It to Win It	P	P	P	Greg G.	GSR
Clean Worx	P	P	P	Stephanie P.	GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	P	P	A		GSR
Experience, Strength, & Hope	P	P	P	Aaron V.	REP
Hope Fiends	P	P	P	Justin G.	GSR
Hope Dealers	P	P	P	Sam T.	GSR
Ladies & Gentleman in Recovery	P	P	P	Steven P.	GSR
Alive & Free	A	P	A		GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

IV. 1st Quorum Call

1st QUORUM CALL -Must Meet 6 per Bylaws	
Group Represented	10
Procedural Votes	9
Quorum Met?	✓

V. Adoption of the Agenda

Motion #04-07-01: To adopt Agenda as proposed.

Maker: Richard M.

VOTE: For: 8 Against: 0 Abstain: 2 **Motion: PASSED**

VI. Adoption of March Minutes

Motion #04-07-02: To approve minutes.

Maker: Richard M.

VOTE: For: 8 Against: 0 Abstain: 2 **Motion: PASSED**

VII. Secretary Report

- A. Secretary I – Aaron V. - **None**
- B. Secretary II – **OPEN**

VIII. Chairperson Report – Richard M.- **None**

IX. Vice Chairperson Report – Michael M.-**None**

X. Treasurer Report

A. Treasurer I – **Britany M.**- Good Evening everyone, as of today the area balance is \$1661.35. This balance includes \$49.25 to Naws for literature, \$16.79 is for zoom, and \$285.78 to free state, which is also literature, check #1094 in the amount of \$300.00 (Ron activities chair), then Check #1096 in the amount of \$157.18 (Robb for PR), and lastly IONO, Inc. for \$45.00. I have asked Robb to look into this because it was from the old domain. This does not include March's deposit they will be deposited at the same time as of this month. One of those March deposits the total is \$295.50, the second deposit will be \$633.15. Thank you, Britany

B. **Treasurer II – OPEN**

RCM Report- Jay H. & Dominic E.- No Report

VRCC Report – OPEN POSTION

XI. **Subcommittee Reports**

A. **Activities**– Ron M.-

Yesterday was a big success at our Eggapaloza picnic, fun was had by all. Soo... *our budget was \$300. *We spent \$260. *Remainder \$40. *7th tradition donations \$72. *Raffle basket \$88., so today I'm returning \$200 to the area. Thanks to all for participating. Our next event will be Saturday, May 18th from 2-6 pm at 125 old Greenwich Dr. ste# 100. This will be a Game Day/ Ice Cream social. This is a free event but, of course, 7th tradition donations are always welcome. Next sub-committee meeting will be on April 20th at Wegmanns from 4 to 5pm. Today I am requesting \$100 for our upcoming Game Day event.

B. **Hospitals & Institutions** – Laina L.–

All panel leader positions are filled. We are always looking for speakers. We go to Spotsy Regional every Tuesday at 7PM and Boxwood every 1st Thursday and Saturday. Every 3rd Saturday and Sunday and every 5th Saturday. Panel leaders must have 1-year clean time working NA steps with and NA sponsor. Speakers must have 6 months clean working NA steps with an NA sponsor. Feel free to reach out to Laina, Billy, Dominic, Alek, Jess, Joey H, Thomas, Jeff W, Ken C or Cat if you're interested in being of service. Thanks, Laina

C. **Literature** – Natalie M.– No Report

D. **Public Relations** – Robb B.-

Hello everyone, PR Met today with 3 members present. We are happy to report that we have heard back from 5 institutions this month: District 21 Probation, Zooey Freedom, FCCR, and Lighthouse Counseling. They are all very much interested in having NA provide literature to their facilities. FCCR is even interested in having presentations for their staff and they are very interested in an H&I meeting being held in their facility. I will need to get with the PR chairperson to see their availability and capacity to fulfill this idea. We are very excited about the momentum our efforts have been creating and look forward to continued success. We are going to be exploring some options for fundraising ideas that will assist us in building an inventory of literature so that we can continue providing for institutions as they arise. We also discussed phone line volunteer guidelines. We are still in need of volunteers for this and would like to inform everyone that we have established clean time requirements: Volunteers must have 1 one year clean, have a sponsor, and actively work steps. If anyone needs anything - meeting lists, website updates, or has any questions, please do not hesitate to reach out to myself, Natalie, or Steven. Yours In Service, Robb.

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – April 2024

E. **RACC (Convention)** – Rudy C.-

Good afternoon ASC, On March 12, 2024, the RACC Executive committee met at Experience, Strength, and Hope location from 1900-2020. Present was me, Natalie, and Julie C.; and those present on Zoom were Mark, Stephanie, and Thaddeus. We filled all the positions except Alt. Treasurer and Secretary and Hospitality. Even though Julie C. accepted the nomination for Convention information, her position was tabled until the bylaws are updated with duties and responsibilities. Once this is complete, she will be nominated and voted in. We will continue to update our by-laws and should have them completed by June 2024. RACC executive body decided to hold a “convention theme contest” whereas individual can submit their theme ideas on our website (Natalie M. can further explain where and how). The contest starts today and ends 31 July 2024, where we will vote on those submissions at our August 13th meeting. The winner gets a free pre-convention t-shirt once printed. This will be a part of the RACC by-laws moving forward. GSR’s and home group representatives please announce this in your meetings and the other open positions (Alt. Treasurer, Alt. Secretary, and Hospitality). Our next meeting will be this Tuesday, 9 April 2024 at 1900.

In loving service, Rudy C.

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – April 2024

HOME GROUP GSR REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Phoenix A.	Sun. 7:00 – 8:15 PM	19	35/1-2	0	\$29.25
Richard M.- 9 years on 4-7. Joy M.- 4 years on 4/21. Bree F.-1 year on 5/12.						
Who Wants to Live	Jeannette F.	Mon. – Fri. 12 – 1:15 PM	6	10/4	\$20.00	\$33.40
In It to Win It	Greg G.	Mon. 7:00 – 8:00 PM	5	25-30/1-2	\$25.00	\$14.50
Clean Works	Stephanie P.	Wed. 7:00 – 8:15 PM	13	32/2	0	\$48.60
Rachel-3 years on 5/08. Justin G.-1 year on 5/22						
Welcome to the NAborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	7/0	0	0
Back to Basics		Fri. 7:00 – 8:15 PM	-	-/-	0	0
Primary Purpose	Jess J.	Sat. & Sun. 1-2:30 PM	13	17/2	\$20.00	\$25.00
First Saturday of the month is a speaker/step format. Joseph F. acknowledging 8 years on 5/25 & Jeff W.-21 years on 5/19.						
Experience, Strength, & Hope	Aaron V.	Sat. 7:00 – 8:30 PM	10	20-25/2-3	0	0
Aaron V.-11 years on 5/11. Ash J. -3 years on 5/25.						
Hope Fiends	Justin G.	Tues. 7:00– 8:00 PM	11	27/3	\$30.00	0
Jeremy F.-2 years on 4-16. Sean L.- 1 year on 5/07						
Hope Dealers	Sam T.	Weds. & Sun. 7:00-8:00 PM	10	8/2	0	\$30.00
Juno V.-1 year on 5/30						
Ladies & Gentlemen in recovery	Steven P.	Thurs. 7:00-8:15 PM	15	25/2	0	\$19.25
Felicia H.- 7 years on 5/02						
Alive & Free		Multiple days	-	-/-	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm–Fri. @ 7pm–Sun. @ 5pm. Friday Night Meeting needs support.						

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – April 2024

XII. 10 MINUTE RECESS – Not Taken

XIII. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Phoenyx A.	GSR
2. Who Wants to Live	P	Jeannette F.	GSR
3. In It to Win It	P	Greg G.	GSR
4. Clean Works	P	Stephanie P.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	A		GSR
7. Primary Purpose	P	Jess J.	GSR
8. Experience, Strength & Hope	P	Aaron V.	REP
9. Hope Fiends	P	Justin G.	GSR
10. Ladies & Gentlemen in Recovery	P	Steven P.	GSR
11. Hope Dealers	P	Sam T.	GSR
12. Alive & Free	A		GSR

2nd QUORUM CALL -Must meet 6 per Bylaws	
Group Represented	10
Procedural Votes	9
Quorum Met?	✓

XIV. Old Business – None

XV. Open Sharing Session:

- Chris, home group member from Primary Purpose, came to the body to propose/asking for help as to organizing a music event for the area. Utilizing musical talent from other people in the rooms and possibly two (2) speakers. Other specifics are possibly a 6-hour event on a Sunday in late June or early July. Chris is unsure if he should run this through his home group (his home group is aware, onboard, and suggested he come to the Area), activates, or create an ad-hoc. He is asking for general guidance, support, and possible funding.
 - Rudy C.- He will bring this up to the fundraising chair with the convention committee and see if this is something they will be willing to do to raise funds for the convention.
 - Greg G.- Gave a point of information- Any member can come to the Area and ask for anything they want (example to put on an event or funds). The request will need a motion and it will go back to home groups to be voted on.
 - Richard M.- next area come back with some more information and possible cost. Put a plan together, this way we can see and help with moving forward with this possible event.
- Gerg G- Sean, the contact for Trinity, is no longer with the Church and they will be changing the locks for the Trinity Church. The doors have been left unlocked recently... Informing all home groups and area body members that have meetings at this facility that need to complete the church's training for being a key holder, that they have less than a month to complete the training. (There is an email regarding this, and it will be attached to the minutes). This only affects the meetings that are at Trinity.
 - Steven P.- PR has been reaching out to other churches and facilities to see if they have space and availability to hold meetings. Will be coming to the area with a populated list.

XVI. New Business:

Motion #1

Date: 04/07/2024

Motion Maker: Ron M.

Second by GSR: Justin G.

Motion: \$100 for activities on April 20th, 2024

Intent: To carry the message and have fun in recovery

Should this motion be sent back to groups? NO

Motion #2

Date: 04/07/2024

Motion Maker: Greg G.

Second by GSR: TBD - Please ask for one on the floor (SamT. Seconded)

Motion: To approve a one-time expenditure for PR subcommittee on the amount of \$500 to produce 5 Literature racks for facilities that have requested them.

Intent: To fulfill our primary purpose to carry the message to the addict that still suffers

Should this motion be sent back to groups? YES

XVII. ASC OPEN POSITIONS:

- Secretary II- Open Position-Please announce.
- Treasurer II- Open Position- Please announce.
- VRCC Chairperson- Open Position-Please announce.

XVIII. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's: **NONE**

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, May 5th, 2024, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V.

Trinity email thread-Partial- regarding lock changing and key holder requirements

On Mar 27, 2024, at 10:44 AM, Cynthia McKenna wrote:

Hello!

We are glad to have you at Trinity. I have a couple of updates for you:

1. In the past few weeks, we have found doors left unlocked in both buildings. Please remind your folks to lock up when they leave.

2. Shaun Johnson is no longer with Trinity; we are in the process of interviewing candidates. We'll advise you on the new contact person but until then, you can reach me at this email.

God bless you.

Cynthia+

The plan is to change the locks the week of May 1st. We'll send out a note letting you know how to get the new keys.

Thanks so much for helping us keep our community safe.

Blessings,

Cynthia+