

November 2024

Welcome new and returning ASC members!
13 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 3rd Saturday – 5:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM

I. Serenity Prayer/Motion to Record

II. Readings

- A. Service Prayer (Jackie W.)
- B. Purpose of Area Service (Alex R.)
- C. 12 Concepts of NA Service (Rudy C.)
- D. 12 Traditions of Narcotics Anonymous (Holly F.)
- E. Decorum Statement (Steven P.)

III. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	09	10	10	Report	Comment
Chair	Richard M.	P	A	P	N	Richard M. voted in on 9/10/2023
Vice Chair	Michael M.	P	P	A	N	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	A	P	P	N	Aaron V. voted in 1/2024
Secretary II	Jess J.	-	-	P	N	Jess J. voted in on 10/2024
Treasurer I	Britany M.	P	P	P	Y	Britany M. voted in on 3/03/24
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	Jay H.	P	P	A	--	Jay H. voted in on 11/05/23
RCM II	Dominic E. R	P	P*	A	--	Dominic E. voted in on 3/03/24
VRCC Dir.	OPEN	-	-	-	--	Position is open
Activities	Ron M.	P	P	P	Y	Ron M. voted in on 10/01/2023
H&I	Laina L. (Billy M.)	A	P	P	Y	Laina L. voted in on 6/2022- Position is open
PR	Robb B.	P	P	P	Y	Robb B. voted in on 4/02/2023
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 11/05/23
RACC	Rudy C.	A	P	P	Y	Rudy C. voted in on 11/05/23

Legend: P = Present A = Absent * = Arrived Late

There are **13 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	09	10	11	NAME	POSTION
Primary Purpose	P	P	P	Alek R.	GSR
Welcome Home	P	P	P	Jackie W.	GSR
Who Wants to Live	A	P	A		
In It to Win It	P	P	P	Greg G.	GSR
Clean Worx	P	P	P	Stephanie T.	GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	A	P	P	Jaren F.	GSR
<i>Experience, Strength, & Hope</i>	A	A	A		
Hope Fiends	P	P	P	Steven. P	GSR
Hope Dealers	P	P	A		
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
<i>Alive & Free</i>	A	A	A		
BE the WE	-	-	P	Mimi W	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

IV. 1st Quorum Call

1st QUORUM CALL -Must Meet 6 per Bylaws	
Group Represented	9
Procedural Votes	8
Quorum Met?	✓

V. Adoption of the Agenda

Motion #11-03-01: To adopt Agenda as proposed. (budget to new business, P.O. Box to open share)

Maker: Richard M./ Greg G. Second: Mimi W.

VOTE: For: 8 Against: 0 Abstain: 1 **Motion: PASSED**

VI. Adoption of Octobers Minutes

Motion #11-03-02: To approve minutes.

Maker: Richard M.

VOTE: For: 6 Against: 0 Abstain: 3 **Motion: PASSED**

VII. Secretary Report

- A. Secretary I – Aaron V. - **None**
- B. Secretary II – Jess J.- **None**

VIII. Chairperson Report – Richard M. - None

IX. Vice Chairperson Report – Michael M.-None

X. Treasurer Report

- A. **Treasurer I – Britany M.-**
Good evening, everyone,

As of today, the area bank account holds 1870.74. The balance includes a deposit of \$384.10 with \$184.10 from literature orders, \$200 from area donations. Then there was a debit charge for \$16.79 for the zoom account. Then there was a literature order for \$300.28. Then check number 1104 cleared for \$28.89 to the PR chair Robb B. for printing the bylaws. Then check number 1105 cleared for \$51.60 to our PR chair Robb B. for the meeting lists. Thanks again for letting me serve. Britany

XI. RCM Report- Jay H. Not Present

XII. VRCC Report – OPEN POSTION

XIII. Subcommittee Reports

- A. **Activities– Ron M.-**

Hello everyone, First I would like to thank the subcommittee members for stepping up while I've been injured. Also, I would like to send out a special thanks to Corey C. for her face painting at all our functions. People look forward to seeing her and experiencing her talents. Yesterday was our RANAween "Day of the Dead" and it was a success. Everyone had a great time. We had 40 guests throughout the evening, here are the numbers. \$350.00 was the budget, \$163.00 donations and raffle basket. We spent our budget, today I will be returning \$163.00 to Area. We spent more than normal due to a special theme, 'Day of the dead'. Our next subcommittee meeting is Saturday, November 16th from

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4:30 to 5:30 pm at Wegmans. Please announce the next meeting and we would love new subcommittee members

B. Hospitals & Institutions – Laina L.– (Billy M. filling in)

All panel leader positions are currently filled at this time. If you are interested in being a speaker H&I meets on zoom at 3 PM the first Sunday of the month before area, you can also see any of our subcommittee members for more information, Jeff W, Thomas, Ken C, Billy. M, Jess, Joey H, Dominic, Alek, Cat or Laina to be a speaker, you must be working NA steps with an NA sponsor and have six months clean time. Thanks, Laina

C. Literature – Natalie M.– No Report

D. Public Relations – Robb B.-

Hello everyone, PR met today to start thinking of goals for next year. We would like to show our new tablecloths that have come in. These tablecloths were made possible by donations from members. We will use these at events and are available if another subcommittee would like to use them as well. We are excited for our continuing efforts. We will continue to look for new facilities and community events to make our presence known in the area. Please let us know if you have any needs. Thanks!
Robb B.

E. RACC (Convention) -Rudy C.-

Good afternoon ASC, our last meeting was on 8 October 2024 at 7pm. We discussed our first fundraiser and working on our subcommittees budget meeting for 12 November. The programming and fundraising subcommittee met on the 2nd of November on Zoom at 3pm. They have solidified their next 3 fundraisers; 8 February 2024 Spiritual Breakfast at St. George's, 22 March Mystery Topic Speaker Jam and 26 April speaker jam at 10609 Piedmont Dr., Spotsylvania, Va. Lookout for flyers and ticket sales for Spiritual breakfast. Fundraising is looking for those to help cook and tear down for these events, please contact Kemper B. During our meeting in October, we discussed having day pass price for those who are coming with treatment centers. There will be further discussion in December. Also, Arts and Graphics is having an event on 9 November from 1430-1830 at Trinity Church with a suggestion donation of \$3 to discuss and create ideas for our pre-convention and convention theme. GSR's please announce this at all meetings. For more information, please contact Stephanie T. All subcommittees need support. As promised in my last report I would make available our running budget as of 3 November 2024 is: \$6245.07. Lastly, we have changed our meeting times from 1900 to 1830 at the same location, all are welcome on 12 November (location is the same ESH home group). In loving service,
Rudy C.

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Jackie W.	Sun. 7:00 – 8:15 PM	7	25/2	0	\$4.00
Kara H.- 6 years on 11/10						
Who Wants to Live		Mon. – Fri. 12 – 1:15 PM	-	-/-	0	0
Christmas marathon meeting.... Christmas Day 11 to 6pm						
In It to Win It	Greg G.	Mon. 7:00 – 8:00 PM	7	20/1	\$50.00	0
In need of Home Group members						
Clean Works	Stephanie T.	Wed. 7:00 – 8:15 PM	10	25/5	0	0
Welcome to the NAborhood	Dawn L	Thu. 7:00 – 8:00 PM	5	8/0	0	0
Back to Basics	Jaren F.	Fri. 7:00 – 8:15 PM	3	30/2	\$60.00	0
WE NEED SUPPORT. Looking for members to be of service. Jaren F.- 1 year on 11/15. On 12-13-meeting will be held upstairs.						
Primary Purpose	Alek R.	Sat. & Sun. 1–2:30 PM	16	16/2	0	\$12.00
Alek R.- 2 years on 11/10 Jess J.-3 years on 11/30						
Experience, Strength, & Hope	-	Sat. 7:00 – 8:30 PM	-	-/-	0	0
Hope Fiends	Steven P.	Tues. 7:00– 8:00 PM	3	12/1	\$40.00	0
Looking for members to be of service.						
Hope Dealers	-	Weds. 7:00-8:00 PM	-	-/-	0	0
Meghan S.- 3 years on 11/10						
Ladies & Gentlemen in recovery	Holly F.	Thurs. 7:00-8:15 PM	10	25/2	0	\$4.00
Ashley R. – 2 years on 11/07						
Alive & Free	-	Multiple days	-	-/-	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm & Fri. @ 7pm						
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	3	NA/NA	0	\$22.95
100 East Main St. Louisa, VA 23093 **NEW MEETING** Show Support. JFT Format. Thank you for all the help						

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XIV. 10 MINUTE RECESS – Taken/Not Taken

XV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Jackie W.	GSR
2. Who Wants to Live	-		GSR
3. In It to Win It	P	Greg G.	GSR
4. Clean Works	P	Stephanie T.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	P	Jaren F.	GSR
7. Primary Purpose	P	Alek R.	GSR
8. Experience, Strength & Hope	A		
9. Hope Fiends	P	Steven P.	GSR
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Hope Dealers	A		GSR
12. Alive & Free	A		
13. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 6 per Bylaws	
Group Represented	9
Procedural Votes	8
Quorum Met?	✓

XVI. Old Business – Bylaw review/changes, motions to vote on

Motion 10-06-03

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Article 3, Sections 1 and 2: Switching of Sections

Intent: Change: The order of Section 1 (ASC Meeting Format) and Section 2 (Date and Time of ASC meetings) should be switched.

Rationale: This reordering improves flow and is largely clerical in nature. By first outlining the meeting date and time then followed by the meeting format, the structure of the bylaws is more intuitive.

Should this motion be sent back to groups? YES

VOTE--- FOR: 7 AGAINST: 0 ABSTAIN: 1 **MOTION: Passed**

Motion 10-06-04

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Article 4, Section 2: Administrative Committee Members Serving as GSRs

Intent: Change: The proposed change to the bylaws states that “No member of the Administrative Committee or Executive Body shall serve concurrently as a Group Service Representative (GSR) or represent a homegroup with the intent to carry that group’s conscience at Area Service Committee meetings.”

Rationale: This change was made to avoid potential conflicts of interest or perceptions thereof that may arise when Administrative Committee members represent home-group interests while holding executive roles. By ensuring that Administrative Committee members do not serve as GSRs, the ASC maintains impartiality in decision-making processes, ensuring that homegroups’ voices are represented independently and that those in administrative roles remain unbiased in their service to the Area as a whole.

Should this motion be sent back to groups? YES

VOTE--- FOR: 5 AGAINST: 1 ABSTAIN: 2 **MOTION: Did Not Pass**

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Motion 10-06-05

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Article 5, Section 1, Item Q: Clarification of Duties

Intent: Change: The wording of Item Q was changed from “Send the Consecutive Uninformed Absence Form Letter ...” to “Contact...”

Rationale: This change still entrusts the Chairperson with the responsibility to ensure accountability among officers and subcommittee chairs but allows them the freedom to contact absentee persons in a method they deem acceptable. The previous wording included the title of a document, the Consecutive Uninformed Absence Form Letter, which cannot be located, nor could an example of one ever being sent be found in ASC archives.

Should this motion be sent back to groups? YES

VOTE--- FOR: 7 AGAINST: 0 ABSTAIN: 1 MOTION: Passed

Motion 10-06-06

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Article 6: Zoom Meetings and Public Places for In-Person Meetings

Intent: Rationale: The practice of online subcommittee meetings has been commonplace for some time now, and adding this specific verbiage is clerical in nature. The addition of Zoom as an approved meeting method reflects the need for flexibility, especially considering the evolutions brought on by the COVID-19 Pandemic. Zoom subcommittee meetings allow for greater participation from members who may face geographical or scheduling challenges. The addition of “in-person” to the verbiage of the second bulletin point prevents the misinterpretation that subcommittee meeting attendees must be in a public place when attending online. Conducting in-person meetings in public places is a practice that comes from A Guide to Local Services in Narcotics Anonymous. The bylaw reflects this to foster transparency and neutrality. Meetings in public spaces ensure that all members feel comfortable and safe in attending, aligning with NA’s principles of accessibility. Public locations provide a neutral, accessible venue that does not have the appearance of favor to any individual member or group of members. Private homes and locations, while convenient for many members, may introduce discomforts and concerns over privacy, fairness, and inclusivity, particularly for newer members (“Holding a meeting in an individual’s home may affect the willingness of some members to attend” A Guide to Local Services in Narcotics Anonymous, p. 29).

Should this motion be sent back to groups? YES

VOTE--- FOR: 7 AGAINST: 0 ABSTAIN: 1 MOTION: Passed

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Motion 10-06-07

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Article 10, Section 1: Purpose of Area Funds

Intent: Change: To create a new Section 1, which defines the Purpose of Area Funds:

“The primary purpose of Area funds is to support the operations of the Rappahannock Area of Narcotics Anonymous. These funds are specifically designated for Area Service Committee and subcommittee expenditures, ensuring that we fulfill our responsibility to carry the message to the addict who still suffers. This includes but is not limited to maintaining meeting spaces, purchasing literature, supporting outreach efforts, and covering necessary or budgeted administrative expenses. The use of Area funds should always reflect the spiritual principles of our fellowship, with a focus on serving the homegroups and addicts within our Area.”

Subsequent sections will maintain their content, but section numbers will be sequentially increased.

Rationale: Effective and responsible financial oversight is outlined in Concept 11 - NA funds are to be used to further our primary purpose and must be managed responsibly. This helps ensure that resources are used wisely to serve the needs of the fellowship. Defining the purpose of Area Funds ensures that we can sustain our Area’s administrative operations, as well as “maintain final responsibility for the activities of its subcommittees” (A Guide to Local Service, p.63). This addition strengthens the financial accountability of the ASC and reemphasizes the Purpose of Area Service in “supporting our members, our groups, and our area in carrying the message of NA” (RANA Bylaws, Article 2). By clearly defining the purpose of Area Funds, the ASC can prioritize expenditures and rule potential requests for funds “Out of Order” more effectively. If a request does not align with the established guidelines for fund usage, it may be deemed out of order, in accordance with Robert’s Rules of Order.

Should this motion be sent back to groups? YES

VOTE--- FOR: 6 AGAINST: 1 ABSTAIN: 1 MOTION: **Passed**

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Motion 10-06-08

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Removal of the Outreach Subcommittee

Intent: Change: The proposed bylaws officially remove the section concerning the Outreach Subcommittee, which has been operating as an ad hoc committee for some time. The responsibilities of outreach will now fall under the Public Relations Subcommittee if needed.

Rationale: Consolidating Outreach responsibilities into the Public Relations Subcommittee has been in place for a few years now, but no change to the bylaws remained in case a trusted servant stepped into this role. The removal and consolidation allow for more streamlined operations and better coordination of outreach efforts. The Public Relations Subcommittee is already tasked with external communications and community engagement, so this change ensures that outreach initiatives align with the overall public relations strategies. Removing the ad hoc status of Outreach simplifies the committee structure, enabling more effective use of resources and trusted servants.

Should this motion be sent back to groups? YES

VOTE--- FOR: 6 AGAINST: 1 ABSTAIN: 1 MOTION: **Passed**

Motion 10-06-09

Date: 10/06/2024

Motion Maker: BYLAW REVIEW

Second by GSR: BYLAW REVIEW

Motion: Removal of Article 5, Section 4, Item E (File Box)

Intent: Removal of Article 5, Section 4, Item E (File Box)

Change: The proposed bylaws remove Article 5, Section 4, Item E, which refers to the duty of Secretary II to maintain a physical file box.

Rationale: As the area has transitioned to using electronic forms for documentation and communication, maintaining a physical file box has become obsolete. Removing this requirement streamlines our operations and reflects the current practices of digital record-keeping, which are more efficient and accessible.

Should this motion be sent back to groups? YES

VOTE--- FOR: 7 AGAINST: 0 ABSTAIN: 1 MOTION: **Passed**

XVII. Open Sharing Session-

- P.O. Box has changed. Downsized to a smaller unit, saving area funds. The updated P.O. Box address will be on the website.
- Clean Worx- addressed their concerns regarding Article 6: Zoom Meetings and Public Places for In-Person Meetings- the language used.
- Discussion commenced regarding Area By-laws language pertaining to voting and total number of votes needed to pass a motion. Roberts rule of order utilizes 2/3 majority, currently, RANA by-laws language points to a majority voting favor.

XVIII. New Business:

- The Executive body discussed the proposed budget for the Area, which goes back to the Home Groups.
- The chairperson addressed the body to propose donation amounts to send to the Region and to NAWs. Discussion commenced, no dollar amounts were finalized, no motion was made. Members brought up their concerns with cutting checks because Area funds are within margin, but low. The point was made that the Areas funds would be better used at the Area level and H & I at the current moment...
- Members made a motion to change Language to the by-laws- "Add line F to Article 11. All changes to bylaws require a 2/3rds vote to pass. If a 2/3rds vote results in a partial vote always round down to determine number of yes votes needed to pass."

Motion: 11-03-03

Date: 11/03/2024

Motion Maker: Robb B.

Second by GSR: BUDGETED ITEM

Motion: \$222.00 Reimbursement

Intent: \$222.00 for new P.O. Box in Fredericksburg.

Should this motion be sent back to groups? NO

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Motion: 11-03-04

Date: 11/03/2024

Motion Maker: Greg G.

Second by GSR: Steve P.

Motion: (amended) Add line F to Article 11. All changes to bylaws require a 2/3rds vote to pass. If a 2/3rds vote results in a partial vote always round down to determine number of yes votes needed to pass.

Intent: To specify exactly what it takes to amend ASC bylaws. To more clearly define voting procedures.

Should this motion be sent back to groups? YES

Pro: Clarity

Con: Requires more votes to pass motions.

Motion 11-03-05

Date: 11/03/2024

Motion Maker: BUDGET REVIEW

Second by GSR: Holly F.

Motion: Approval of proposed budget for FY 2025

Intent: Approval of the budget is crucial to the continuing business as an area.

Should this motion be sent back to groups? YES

XIX. ASC OPEN POSITIONS:

- Treasurer II- Open Position- Please announce.
- VRCC Chairperson- Open Position-Please announce.
- H&I Chairperson- Open Position-Please announce.

XX. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

**Alive & Free
Experience, Strength, & Hope**

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, December 1st, 2024, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V.