

Rappahannock ASC Minutes for

January 2025

Welcome new and returning ASC members!
13 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 3rd Saturday – 5:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM

I. Serenity Prayer/Motion to Record

II. Readings

- A. Service Prayer (Robb B.)
- B. Purpose of Area Service (Justin G.)
- C. 12 Concepts of NA Service (Mimi W.)
- D. 12 Traditions of Narcotics Anonymous (Holly F.)
- E. Decorum Statement (Billy M.)

III. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	11	12	01	Report	Comment
Chair	Richard M.	P	P	A	N	Richard M. voted in on 9/10/2023
Vice Chair	Michael M.	A	P	P	N	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	P	P	P	N	Aaron V. voted in 1/2024
Secretary II	Jess J.	P	A	P	N	Jess J. voted in on 10/2024
Treasurer I	Britany M.	P	P	P	Y	Britany M. voted in on 3/03/24
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	Jay H.	A	P	P	Y	Jay H. voted in on 11/05/23
RCM II	Dominic E. R	A	P	P	N	Dominic E. voted in on 3/03/24
VRCC Dir.	OPEN	-	-	-	--	Position is open
Activities	Ron M.	P	P	P	Y	Ron M. voted in on 10/01/2023
H&I	Billy M.	P	P	P	Y	Billy M. Voted in on 12/08/24
PR	Robb B.	P	A	P	Y	Robb B voted in on 4/02/2023
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 11/05/23
RACC	Rudy C.	P	A	A	N	Rudy C. voted in on 11/05/23

Legend: P = Present A = Absent * = Arrived Late

There are **13 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	11	12	01	NAME	POSTION
Primary Purpose	P	A	P	Justin G.	REP
Welcome Home	P	P	P	Jackie W.	GSR
Who Wants to Live	A	P	P	Jeanette F.	GSR
In It to Win It	P	P	P	Greg G.	GSR
Clean Worx	P	P	A		
Welcome to the NAborhood	P	A	P	Dawn L.	GSR
Back to Basics	P	P	A		
<i>Experience, Strength, & Hope</i>	A	A	A		
Hope Fiends	P	P	A		
<i>Hope Dealers</i>	A	A	A		
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
Alive & Free	A	P	A		
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

IV. **1st Quorum Call**

1st QUORUM CALL -Must Meet 6 per Bylaws	
Group Represented	7
Procedural Votes	6
Quorum Met?	✓

V. Adoption of the Agenda

Motion #01-05-01: To adopt Agenda as proposed.

Maker: Michael M. Second: Robb B./Holly F.

VOTE: For: 6 Against: 0 Abstain: 0 **Motion: PASSED**

VI. Adoption of December Minutes

Motion #01-05-02: To approve minutes.

Maker: Michael M. Second:

VOTE: For: 6 Against: 0 Abstain: 0 **Motion: PASSED**

VII. Secretary Report

- A. Secretary I – Aaron V. – No Report
- B. Secretary II – Jess J.- No Report

VIII. Chairperson Report – Richard M. – No Report

IX. Vice Chairperson Report – Michael M.-No Report

X. Treasurer Report

- A. **Treasurer I – Britany M.-**
Good evening everyone,

As of today, the area account holds \$2,517.56. This includes a deposit of \$710.85 with \$610.00 being area donations, and \$100.85 being literature orders. Then there was our monthly debit charge for zoom of \$16.79. Then a literature order to free state for \$224.40.

Thank you for letting me serve- Britany M.

XI. RCM Report- Jay H.-

Good evening,

The 230th RSC met on December 21st. The open forum began with the introduction of Sarah L., she came as a representative for fellowship development from the NEZF. All are welcome to attend the 3rd Wednesday of each month via zoom if there is any interest in seeing how the Zonal level operates. There was also discussion about the Region meeting again in person. We had one interested member in the treasurer position. There is also a link to be shared for the 2025 NEZF calendar, this calendar is full of all kinds of Zonal meetings. From a quick scan through it would appear to be numerous types of workgroups and different regional meetings.

The Regional business meeting began at 11:15. The treasurer, vice treasurer, H&I chair, policy chair, PR chair, and speaker jam chair all remained open positions. Chairperson remains pro-tem. 10 areas were present.

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Delegate reports:

There will be an interim world service conference held via zoom on February 8th. There are 12 motions coming from the World to be discussed and voted on during the conference event February 28th and March 1st. All are welcome to attend and let their voice be heard. Our April 2 day will be in person only April 19th and the 20th. This event will be held at the Salem church library right here in Fredericksburg. I will attach the flier with more information.

The PR membership survey will close January 31st.

The step working material survey closes March 17th.

The virtual service basics survey closes on March 1st.

Let us not forget the 41st AVCNA will be held January 10th to the 12th in Richmond.

The 42nd will be held in Roanoke in 2026.

Old business:

Larry B was nominated for the treasurer position. It was decided to send back his qualifications for the areas to determine the outcome of this nomination. Same with Don V. for H&I chair. The regional budget was passed.

New Business:

Motion 230-1 about in person meetings. The next subcommittee meeting will be held on January 18th. The next regional meeting will be held on February 15th.

XII. VRCC Report – *OPEN POSITION*

XIII. Subcommittee Reports

A. Activities– Ron M.-

Hello everyone, we did not meet in December due to the holiday. We will be meeting this month, sat January 18th, 4:30-5:30 at Wegmans upstairs. We will be planning our Eggapalozza and CarNAval. GSR's please announce that activities needs support, come join the fun. Thanks for letting me serve-Ron M.

B. Hospitals & Institutions – Billy M. –

We have a couple of new panel leaders. Dan W. and John F. And Nathan W. We have been fulfilling our commitments to Boxwood and Spotsy detox and a member of NA brought lit to donate to Sunshine lady home. We will be electing a new Vise chair and we also elected Laina L. as our new secretary. Thank for allowing me to be of service. In addition to that, we also voted Dominique as vice chair of H And I.

Billy M.

C. **Literature** – Natalie M.– No Report

D. **Public Relations** – Robb B.- Not much to report today - I have been in talks with a PR member from the Richmond Area about possibly setting up a PR Taskforce to serve both areas in a broader area since both of our areas cover such a large geographic region. This is still very early in discussion so there are not many details to put on record just yet. I have new meeting lists here for everyone, so please help yourself and let me know if you need more. As always, keep me and Natalie up to date with any website requests. Thanks for letting me serve.

E. **RACC (Convention)** -Rudy C.- No Report

F. **AD-HOC: Section 5: Procedures:** Good afternoon, Rana ASC, the ad-hoc committee meetings thus far have been very successful. So much so, we are cancelling all future meetings. The suggested motions we formulated will not be ready till next month, I wanted to give time for anyone to reach out with input as we will not meet again. As the committee was underway, we grew to define our primary purpose as finding a way we can best represent our area's conscience with the will of our 14 groups. Many of the changes are from section 8: voting. Some of which are $\frac{3}{4}$ voting rounded up and increasing our quorum to 8. We believe that if only a handful of groups are participating, it is not an accurate reflection of our area's conscience. Motions for changes will be submitted prior to February ASC. In Loving Service -Michael M.

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Jackie W.	Sun. 7:00 – 8:15 PM	7	25/4	0	\$4.50
Ron M.- 20 years on 1/5/25-eating meeting. Randon T.- 2/9- 1 year.						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	4	4/1	0	0
Jeanette F. -2/19- 2 years						
In It to Win It	Greg G.	Mon. 7:00 – 8:00 PM	5	20/1	\$75.00	0
In need of Home Group members						
Clean Works	-	Wed. 7:00 – 8:15 PM	-	-/-	0	0
Welcome to the NAborhood	Dawn L.	Thu. 7:00 – 8:00 PM	8	5/1	0	0
Back to Basics	-	Fri. 7:00 – 8:15 PM	-	-/-	0	0
WE NEED SUPPORT.						
Primary Purpose	Justin G.	Sat. & Sun. 1–2:30 PM	12	12/2	0	\$38.00
Experience, Strength, & Hope	-	Sat. 7:00 – 8:30 PM	-	-/-	0	0
Hope Fiends	-	Tues. 7:00– 8:00 PM	-	-/-	0	0
Looking for members to be of service. Steven P.-8 years on 01/21/25						
Hope Dealers	-	Weds. 7:00-8:00 PM	-	-/-	0	0
Ladies & Gentlemen in recovery	Holly F.	Thurs. 7:00-8:15 PM	10	20/1	0	\$14.25
Alive & Free	-	Multiple days	-	-/-	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm & Fri. @ 7pm. Charlie B.- 16 years on 12/20.						
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	3	4 to 5	0	0
100 East Main St. Louisa, VA 23093 **NEW MEETING** Show Support. JFT Format. Thank you for all the help						

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XIV. 10 MINUTE RECESS – Taken/Not Taken

XV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Jackie W.	GSR
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Greg G.	GSR
4. Clean Works	A		
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	A		
7. Primary Purpose	P	Justin G.	GSR
8. Experience, Strength & Hope	A		
9. Hope Fiends	A		
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Hope Dealers	A		
12. Alive & Free	A		
13. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 6 per Bylaws	
Group Represented	7
Procedural Votes	6
Quorum Met?	✓

XVI. Old Business- None

XVII. Open Sharing Session-

- A GSR asked the question, “what are we doing, as an area, to promote members to be a service?” Seems that one of the main points they saw in all the GSR reports, and lack of home groups attendance at area, that the entire area is really struggling. Conversations and points of view ensued.
- As a body, we don’t have control over the individual. The last time this topic came up, members said it was more towards the sponsorship family’s and willingness to be of service.
- Attraction rather than promotion.
- Possibly bring a newcomer to Area Service again- that method was positive and several of those members have stayed.
- Member said that it really is not a sponsorship issue, it does start there though.
- Pointed out that there seems to be a lack of unification at the group level.
- Member mentioned the service workshops/learning days from about four years ago. The workshops were very beneficial and something to possibly investigate doing again.
- If we change the approach of inviting an individual to do service, as a matter of inclusivity and not one demand or directive. Allowing fresh perspectives.
- Pointed out that there is a lot of “service fatigue” going around. Many members simply switch seats/or positions. There is a need to make service attractive. The coin phrase ‘Area Circus’, which floats around at the group level is not beneficial. Only continues to push people away from wanting to be of service. Continues the trend of disunification.
- We need to be more active and involved at the area level as well. Not plow through the meeting, per se. Ask the questions. Be willing to stay a little longer and address the challenges.
- no ad-hoc committee is necessary, this is a matter that just needs to be discussed and continued to be discussed. Should be a topic that’s talked about at every area meeting.
- Member pointed out how service has impacted them and if it was not for someone doing service, they probably would not be clean today. Stated this area is very young and very small. Just an opinion that this area shouldn’t be holding large scale conventions when the home groups and the and the area is struggling.
- If we want to continue discussing the convention, it will need to be done as a new business item or with motions. Not at the open sharing platform.
- Let’s bring ideas about the above service topic when we reconvene next month.

XVIII. New Business:

-Went over the yearly calendar, July ASC has been moved from 7-6-25 to 7-13-25. The yearly calendar and changes voted on unanimously.

- Attached to the RANA ASC minutes will be the regional working minutes. One Motion from the Region to go back to home groups.

Motion Number: 230-1 **Date:** December 21st, 2024

Mover: Heather R.-RCM **Area:** SHEVANA

Second: Thomas L.-RCM **Area:** NEW RIVER VALLEY

DESCRIPTION/BACKGROUND:

INTENT: To guarantee all regional meetings are inclusive and accessible to all, regardless of individual ability or the finances of an Area.

MOTION: Amend CAR Policy, Section VIII, "Additional Guidelines" By adding the following:

12. All in-person regional meetings (RSC, GSR Assemblies, Ad-Hoc or other meetings) will offer a virtual zoom or other readily accessible web meeting platform. This motion is to exclude the GSR Assembly scheduled in April 2025, so as not to be in direct conflict with prior approved motion.

XIX. ASC OPEN POSITIONS:

- Treasurer II- Open Position- Please announce.
- VRCC Chairperson- Open Position-Please announce.

XX. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

Experience, Strength, & Hope- Meeting is doing fine, but in need of trusted servants.

Hope Dealers- Meeting is alive, but really struggling with roughly 5 people in Attendance. In need of support.

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, February 2nd, 2025, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V. & Jess J.