

Rappahannock ASC Minutes for

July 2025

Welcome new and returning ASC members!
13 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 3rd Saturday – 5:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM

RACC- 2nd Wednesday – 6:30 on ZOOM/In-person Hybrid

Serenity Prayer/Motion to Record

I. Readings

- A. Service Prayer (Mimi W.)
- B. Purpose of Area Service (Holly F.)
- C. 12 Concepts of NA Service (Jason B.)
- D. 12 Traditions of Narcotics Anonymous (Rudy C.)
- E. Decorum Statement (Robb B.)

II. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	05	06	07	Report	Comment
Chair	Richard M.	A	A	P	N	Richard M. voted in on 9/10/2023
Vice Chair	Michael M.	P	P	P	Y	Michael M. voted in on 4/02/2023
Secretary I	Aaron V.	P	P	P	N	Aaron V. voted in 1/2024
Secretary II	Jess J.	P	P	A	N	Jess J. voted in on 10/2024
Treasurer I	Britany M.	P	P	P	Y	Britany M. voted in on 3/03/24
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	OPEN	A	P	-	-	Position is open
RCM II	OPEN	A	P	-	-	Position is open
VRCC Dir.	Cat E.	P	A	P	Y	Cat E. voted in on 04/06/25
Activities	OPEN	P	A	-	-	Position is open
H&I	Billy M.	P	A	P	Y	Billy M. Voted in on 12/08/24
PR	Robb B.	P	A	P	Y	Robb B voted in on 6/01/25
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 11/05/23
RACC	Rudy C.	A	A	P	Y	Rudy C. voted in on 11/05/23

Legend: P = Present A = Absent * = Arrived Late

There are **13 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – July 2025

B. Group Service Representative/Home Group Roll Call

GROUP NAME	05	06	07		POSTION
Primary Purpose	P	P	A	Ashley	REP
Welcome Home	A	P	P	Dan W.	GSR
Who Wants to Live	P	P	P	Billy M.	REP
In It to Win It	P	P	P	Greg G.	GSR
Clean Worx	P	A	P	Brandon L*	GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	P	P	P	Jason B.	GSR
Experience, Strength, & Hope	A	PA	PA	Aaron V.	REP
Hope Fiends	P	P	P	Sean L.	GSRREP
Hope Dealers	A	A	A		
Ladies & Gentleman in Recovery	P	P	P	Holly FNoelle C.	GSR
Alive & Free	P	AP	AP	Charlie B	GSR
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

III. 1st Quorum Call

1 st QUORUM CALL -Must Meet 8 per Bylaws	
Group Represented	10
Procedural Votes	10
Quorum Met?	YES

IV. **Adoption of the Agenda**

Motion #07-13-01: To adopt Agenda as proposed. (*Amendment of open positions*)

Maker: Richard M.

VOTE: For: 9 Against: 0 Abstain: 0 **Motion:** **PASSED**

V. **Adoption of June Minutes**

Motion #07-13-02: To approve the minutes for June. (*Correction to RACC monthly meeting date*)

Maker: Richard M.

VOTE: For: 7 Against: 0 Abstain: 2 **Motion:** **PASSED**

VI. **Secretary Report**

- A. Secretary I – Aaron V. – No Report
- B. Secretary II – Jess J.- No Report

VII. **Chairperson Report** – Richard M. – No Report

VIII. **Vice Chairperson Report** – Michael M.-

Good afternoon, Rana ASC,

I have had contact with our previous chair of H&I. I will do my best to keep the status quo until another trusted servant is put into that position. I will be receiving the activities supplies sometime this month. Lastly the next upcoming CAR-NA meeting is on August 10th at 10am. I will be sure that we will have representation at that meeting. Any help fulfilling these roles would be amazing. In loving service
Michael M.

IX. **Treasurer Report**

A. **Treasurer I** – Britany M.-

Good evening everyone,

Hope everyone had a wonderful Fourth of July. As of today, the account holds \$2,352.51. There was a deposit of \$175.25, with \$84.70 being literature orders and \$90.55 being group donations. Then check #1109 cleared for \$77.40 to Robb B. for the printing of meeting lists. Then check #1110 cleared for \$38.70 to Robb B. for the bylaws. Then a debit charge for \$17.84 for the monthly zoom account. This is all I have at this time. Thank you- Britany M

X. **RCM Report- OPEN:--No report**

XI. **VRCC Report – Cat E.**

Hi family, I will be meeting with VRCC next Sunday July 20th via online, zoom. I am looking forward to reporting in our August ASC meeting. Today I have nothing to report, however January 2026 the AVCNA will be in Harrisonburg, VA. More to be revealed. Respectively, Cat E.

XII. **Subcommittee Reports**

A. **Activities–OPEN**

B. **Hospitals & Institutions – Billy M. –**

Good afternoon everyone,

When I took the position of H&I chair I was under the assumption that I would stay residing in Fredericksburg and my child could drive to college in NVA but ended up going to VCU and we decided to move to Richmond. I have been serving this sub-committee for 12 plus years and have served as chair twice and I will miss RANA H&I. It's been an honor and privilege to be of service and to fulfill tradition 5 by carrying our life saving message into detoxes, jails, and treatment facilities. Going forward I will try to help the acting sub-committee chair in any way possible. I'm just a phone call away. Thank you again and thank you for allowing me to be of service. Billy M.

C. **Literature – Natalie M.– no report**~~No Report~~

D. **Public Relations –**

Hey everyone, I want to thank everyone for their trust and faith in me to continue to serve as your Public Relations Subcommittee Chairperson. I will continue to serve however I can and further our connections to the public-at-large. This past month has been a great month for us. I had the pleasure of making a great connection with Carmen Greiner, the director of Lighthouse Counseling in Fredericksburg. We had a great discussion about recovery in the community and the role Narcotics Anonymous plays in that. I am pleased to say that there is now a full literature supply available at Lighthouse including IPs, meeting lists, Intro Guides, a Basic Text, and a JFT meditation book. We will continue to try and get our literature and meeting lists in as many places as we can. If there is somewhere in our Area that you believe may benefit from knowing about our message and our Fellowship, please do not hesitate to let me, Natalie, or Steven know. I also want to take a moment to speak about the phone line. The RANA phone line is an important resource available to those seeking our message and our meetings. Presently we only have one female and one male (who no longer lives in this area) on our list. If you are interested in being a volunteer for the phone line, please get with me. We are desperately in need to update this. There is literature for anyone available who wants to read about its purpose as well as how to be of service there. The next subject I want to talk about is something that has been brought to my attention by several people, both in our fellowship as well as from community members; this is the presence of Narcan at Narcotics Anonymous meetings. As we all know, our primary purpose is “to carry the message to the addict who still suffers”. Narcan, a medication that can reverse some opioid overdoses, has been increasingly available in public spaces,

community organizations, and even in some recovery meetings. Some members have asked whether this is appropriate for our groups and whether it might be something that supports our mission or distracts from it. From a spiritual and Traditions-based standpoint, there are important factors to consider. On the one hand, having Narcan quietly available could save the life of a member, literally giving someone another chance to hear our message. This aligns with the unity we strive to maintain and the care we show to those who still suffer. As our literature says, "We are responsible for our own recovery, but we share the responsibility for our common welfare" However, it is equally important to note that Narcotics Anonymous is not a medical or harm-reduction organization. We are a spiritual fellowship focused on complete abstinence from all drugs and the therapeutic value of one addict helping another. The presence of Narcan could, if not handled properly, confuse our purpose or make it seem like we are supporting continued use of drugs, which could jeopardize our clarity of message, especially to the newcomer. This is why the decision to make Narcan available at a meeting should come from group conscience and with full awareness of the implications through the lens of our Traditions, particularly Traditions Five, Six, and Ten. Each group is autonomous and what works for one home group may not work for another. But we should all feel safe having the conversation openly, with care and concern for how it affects our message and our Fellowship. I have been given a few kits to be made available for groups to have at their meetings if they so choose. There are Narcan kits as well as general First Aid kits. If your homegroup or any member expresses interest in having one, please let me know. This is not a matter for discussion or motion making, just information. As always, let me or Natalie know of any website updates, and thank you all again for letting me serve. In loving service, Robb B.

E. **RACC (Convention)** -Rudy C.-

RACC Update Good afternoon ASC, First and foremost, I would like to sincerely apologize for missing the last two ASC meetings. I have been focused on my wife's health, which has understandably taken priority. I also acknowledge that I did not communicate my absence to the RACC body or the Vice Chair, and for that, I offer my sincerest apologies. Since the decision to postpone the convention in order to transition into a corporation, our primary focus has been on processing member refunds. That process began in May 2025 and continued through June 2025. While many checks have been successfully distributed by several RACC members, we still have about 5–10% remaining, largely due to members not responding with their mailing addresses. We continue to meet on the second Wednesday of each month at 6:30 p.m. at Wegmans to handle any outstanding business. In June, many members committed to remaining on the RACC until all remaining tasks are resolved. Our CheddarUp account has been officially closed, though we still have a few remaining financial obligations within the committee, such as our storage facility. Our Treasurer is present today and will present our current balance as of today's date. I do plan to continue serving within the RACC. I remain committed to our mission of carrying the message: "that an addict, any addict, may stop using drugs, lose the desire to use, and find a new way to live." We, the RACC, do this by "fanning the flame of desire" through hosting various fundraising events and putting on bi-yearly conventions. Thank you all for your time, support, and understanding. I pray you all have a wonderful day. In loving service, Rudy C.

F. **AD-HOC: Learning Day(s)-**

Good afternoon family, The June 14th meeting had 3 attendees, and the June 28th meeting had 4 attendees. We discussed Learning Days to help members understand and apply NA literature and spiritual principles, with the goal of improving unity and empowering members in services. We discussed planning one GSR (Group Service Representative) Orientation every October and three learning days, occurring quarterly in January, April, July. We discussed potentially using the current Learning Day budget to plan a GSR Orientation on September 27th. We discussed utilizing an anonymous suggestion box, via an online platform, to find topics for learning days for the 2026 budgeted year. I would love to discuss thoughts on this. I am open to spearheading these learning days if it is added to the secretary 2 duties in the bylaws. I would love more support. Thank you, Jess.

Rappahannock Area of Narcotics Anonymous
Area Service Committee Meeting Minutes – July 2025

GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	<u>Dan W.-</u>	Sun. 7:00 – 8:15 PM	-16	32/2-	0	\$28.00 0
Britany M.- 11 years on 8/3. Sydney-1 year on 8/10.						
Who Wants to Live	Billy M.	Mon. – Fri. 12 – 1:15 PM	44	5/-3	0	0
In It to Win It	Greg G.	Mon. 7:00 – 8:00 PM	44	25 25 /2-3	0 0	0 0
Speaker Meeting every 3 rd Monday Kat E.- 10 years on 7/14						
Clean Works	Brandon L. L. Brandon L.	Wed. 7:00 – 8:15 PM	13 8	20/3-4 26/3	\$100.00	\$54.25
Welcome to the NAborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	7-8/-	0	0
Claudia S. -39 years on 8/7						
Back to Basics	<u>Jason B Jaren F.</u>	Fri. 7:00 – 8:15 PM	64	15-19/23-4	\$20.00 0	\$59.29 0
Need trusted servants						
Primary Purpose	-Ashl	Sat. & Sun. 1-2:30 PM	-12	-16/-	0	0
Experience, Strength, & Hope	Aaron V.	Sat. 7:00 – 8:30 PM	9-	20-25/5-+	\$70.00	\$64.98
In need of trusted servants						
Hope Fiends	Sean L.	Tues. 7:00– 8:00 PM	4	20/3 20/5	0	0
In need of trusted servants.						
Hope Dealers	-	Weds. 7:00-8:00 PM	-	-/-	0	0
Ladies & Gentlemen in recovery	<u>Holly F Noelle E.</u>	Thurs. 7:00-8:15 PM	8	28 20 /2	0	\$4.00
Alive & Free	-Charlie B.	Multiple days	-1-8/5	-/-	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 7pm & Fri. @ 7pm.						
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	3	2/0 1	0	0
100 East Main St. Louisa, VA 23093 **NEW MEETING** Needs Support.						

Rappahannock Area of Narcotics Anonymous
 Area Service Committee Meeting Minutes – July 2025

XIII. 10 MINUTE RECESS – Taken/Not Taken

XIV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	<u>PA</u>	<u>Dan W.</u>	<u>GSR</u>
2. Who Wants to Live	P	Billy M.	REP
3. In It to Win It	P	Greg G.	GSR
4. Clean Works	PP	Brandon LBrandon L.	GSR GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	PP	Jason B. Jaren F.	GSR
7. Primary Purpose	A	A	
8. Experience, Strength & Hope	<u>PA</u>	Aaron V.	REP
9. Hope Fiends	P	<u>Sean L.</u>	GSR
10. Ladies & Gentlemen in Recovery	P	<u>Holly F</u> Noelle C.	GSR
11. Hope Dealers	A		
12. Alive & Free	<u>AP</u>	Charlie B.	GSR
13. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 8 per Bylaws	
Group Represented	10
Procedural Votes	10
Quorum Met?	✓

XV. Old Business- None

XVI. Open Sharing Session- None

XVII. New Business: -No new business

XVIII. ASC OPEN POSITIONS:

- Chairperson- Please announce (Open in September)
- Vice Chairperson-Please announce. (Opened in April 2025)
- Treasurer II- Please announce.
- Activities Chairperson-Please announce.
- H & I Chairperson- Please announce
- RCM II- Please announce.

- RCM I- Josh C.- Self nominated. My clean date is 7/06/2002. Been in the area for about a year, I've been wanting to get involved, sponsor suggested not getting involved in service for the first year. Served as RCM I & RCM II previously in San Diego, North County Area of NA.

-Do you have a home group in our Area? Yes.

-Have you misused NA funds? No.

-Do you have expectations of moving from the area in the near future? No.

Pro's & Con's:

Pro: has a lot of service experience

Pro: shares a wonderful message

Con: Don't really know him

Vote: For: 7 Against: 0 Abstain: 3 Nomination: Pass/Fail

XIX. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

Hope Dealers- Warsaw meeting-still meeting. - ASC liaison will reach out to group (Robb B. volunteered)

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, August 3rd, 2025, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V. & Jess J.