

These are working minutes from the February 15th RSC. They have not been approved.

Minutes for the 231st Regional Service Conference
Central Atlantic Region
February 15th, 2024 via Zoom

Meeting Called to order with the Serenity Prayer at 10:00am-Greg H.

Open Forum began at 10:00am; discussion topics:

1. Inmate stepwriting
2. Post office box discussion
3. New River Valley in need of literature
4. Discussion of changing date of GSR assembly because it falls on Easter. Peter from Blue Ridge voiced feedback that many from his Area would not be attending because of the assembly falling on Easter Sunday.

11:00 Conclusion of Open Forum

Meeting on break until RSC commences at 11:15am

11:15 Greg H. called the meeting to order with the Serenity Prayer.

11:17 Purpose: Dana R., Piedmont Traditions: Rhonda P. Shevana Concepts: William K.

11:25 Roll Call

Roll Call	Administrative Members	231 st February 2025	230 th December	229 th October
Chair	Greg H., <i>pro tempore</i>	present	present	vacant
Vice-Chair	Roland C.	present	present	present
Secretary	Lauren H.	present	present	present
Treasurer	vacant	vacant	vacant	vacant
Vice-Treasurer	vacant	vacant	vacant	vacant
Regional Delegate	Sherry V.	present	present	present
Regional Delegate Alternate	David H.	present	present	absent
Regional Delegate Alternate 2	Cindy K.	present	present	Present
VRCC Chair/Vice-Chair	Vicky B.	present	present	present
Hospitals & Institutions Chair	vacant	vacant	vacant	vacant
Policy Chair	Don V., <i>pro tempore</i>	present	vacant	vacant
Public Relations Chair	vacant	vacant	vacant	vacant
Speaker Jam Chair	vacant	vacant	vacant	vacant

Roll Call (17 Areas)	Administrative Members	231 st February 2025	230 th December	229 th October
Almost Heaven	Jenn D.	absent, Jason representing	present	present

These are working minutes from the February 15th RSC. They have not been approved.

Appalachian	Christina R.	present	present	present
Beach	Phil S. (alt)	absent	absent	present
Blue Ridge	Rick V.	present	absent	present
Gateway to Freedom	Rhonda P.	present	present	present
New Dominion	Linda C.; Carol M. (alt)	both present	absent	present
New River Valley	Thomas L.	absent	present	present
Outer Limits	vacant	vacant	vacant	vacant
Peninsula	William K.	present	absent	present
Piedmont	Dana R.	present	present	present
Rappahannock	Jay H.; Dominic E. R. (alt)	absent	Jay present	Jay present
Richmond	Simone W.	absent	absent	present
Roanoke Valley	Fernando H., Danny G. (alt)	Fernando present	both present	Danny present
Shenandoah Valley	Heather R., Christine M. (alt)	Heather present	both present	present
Southside	Charlotte H. (alt)	absent	absent	Charlotte present
Tidewater	Colin D., Darlena S. (alt)	absent	both present	Colin present
Tri-Cities	Maria H.	present	present	present

Quorum met. 9 areas present.

Additional members present, but not part of Roll Call: Ann V. deyvces@gmail.com; Larry B. larryoneday@yahoo.com; Jason S. jrestorations116@gmail.com; jasonprofessionalsinc@gmail.com representing Almost Heaven, Peter peterfp@gmail.com; Richard S. gutterwall@gmail.com

December minutes for the 230th RSC were approved. Heather R. motioned and Rhonda P. seconded the approval. A show of hands approved the minutes with a vote of 7 for, 2 against, and 0 abstention.

TRUSTED SERVANTS' REPORTS:

11:29 Chair Report – chair@car-na.org – Greg H. *pro tempore*

Hello Family,

Subcommittee Meetings Access

I was contacted by Don V. regarding the opening of subcommittee meetings in January.

Unfortunately, I did not have the necessary login credentials at the time and was unable to sign into the meeting, resulting in the subcommittees being unable to meet last month. Since then, I have received the login information. However, it remains unclear whose responsibility it is to open the subcommittee meetings. I hope to clarify this matter during today's meeting.

Room Requests for Two-Day Meetings

These are working minutes from the February 15th RSC. They have not been approved.

I have been added as a recipient to the rooms@car-na.org email, along with Roland. This email is designated for handling room requests related to our two-day meetings. Currently, I am unsure of the specific individual or committee responsible for managing these requests. I look forward to discussing and resolving this matter during today's meeting.

Virginia Summer Institute for Addiction Studies Event

Roland forwarded an email to me from the pr@car-na.org email, which included a "Save the Date" notification for the Virginia Summer Institute for Addiction Studies event. This is a Public Relations (PR) event in which our Region has historically participated. Given that we currently do not have a PR Chair, if we intend to continue our participation, planning should commence as soon as possible. This matter requires immediate attention to ensure our engagement in this important event. The dates are July 20-23, and the event takes place in Williamsburg Virginia.

I appreciate everyone's dedication and look forward to addressing these topics in our meeting today.

With love of the fellowship,
Greg H. Regional Chair *pro tempore*

11:33 Vice-Chair Report – Roland C., vicechair@car-na.org

Good morning family, I was unable to attend our January Subcommittee meeting as I was in flight traveling. I did manage to visit the PO box again in Chesterfield and retrieve the mail. We had 4 RSC deposits and one inmate step writing letter along with the PO box renewal letter due 2-28-2025. I visited Truist Bank and requested a new debit card as I was informed ours was about to expire. They issued me a temporary card with no name on it good through 10/ 2026. I also wrote check #1046 and paid the annual PO Box renewal fee. As previously stated, I attempted to reroute the PO box mail to my address 1328 Sunnybrook Terrace Chesapeake VA 23321, however that request was never honored as the mail system sent a verification letter to the PO box that needed to be confirmed in 20 days to complete that desired transfer. That said the PO Box is a good 2 hours one way for me, however it is now relatively empty. I do have a spare key if CARNA has a desire to enter another means of watching the mail flow. Again, I do have the 2 checkbooks available and am a signatory on account of whether there are any reimbursements due prior to us placing a new Treasurer. You may continue to use Zell, PO bx 1959 Chesterfield Va or 1328 Sunnybrook Terrace Chesapeake Va 23321 until further notice

Treasurer's Report

Please see snapshot of our account since October RSC

Opening Balance is \$34,817.91 (this includes check 1046 for \$312.00 for annual PO Box)

Deposits include \$3,471.09

Almost Heaven \$500 via Zelle

Almost Heaven 585.01 via Zelle

Appalachian 172.98

These are working minutes from the February 15th RSC. They have not been approved.

Living Clean \$43.64
Outer Limits \$255.00
Outer Limits \$359.00
RVANA 636.87

Withdrawals \$1,666.37

Ck 1043 \$954.00
Ck 1042 \$577.37
Ionos \$20.00

Date	Description	Check #	Credit	Debit
2/11/25	Deposit		+172.98	
2/6/25	Check 1043	#1043		-954.00
2/6/25	Check 1042	#1042		-577.37
2/6/25	Deposit		+1,294.51	
2/3/25	Zelle from Almost Heaven		+34.10	
1/24/25	Deposit		+884.49	
1/21/25	Ionos Debit Card Purchase			-20.00
1/13/25	Zelle from Almost Heaven		+585.01	
1/13/25	Zelle from Almost Heaven		+500.00	
12/19/24	Ionos Debit Card Purchase			-115.00
12/18/24	Deposit		+173.51	
12/10/24	Deposit		+1,953.43	
11/27/24	Check 1041			-533.95
11/25/24	Deposit		+750.00	
11/21/24	Ionos Debit Card Purchase			-85.00
11/7/24	Ionos Debit Card Purchase			-25.00
11/7/24	Ionos Debit Card Purchase		+8,425.28	
10/31/24	Counter Deposit		+80.00	
10/21/24	Ionos Debit Card Purchase			-20.00

Treasurer Report – VACANT, but former Treasurer provided helped to provide Vice-Chair info about the account, which is reported above.

11:42 Secretary Report – Lauren H., secretary@car-na.org; no report

11:42 Regional Delegate Report – Sherry V., rd@car-na.org

Hi Everyone

I attended the Mid-Atlantic Regional Conference MARLCNA. Cindy will be reporting on this event.

These are working minutes from the February 15th RSC. They have not been approved.

I attended the Northeast Zone quarterly virtual meeting on Jan 26, 2025. There were 13 out of 15 regions present.

PRIORITIZED PROJECT PLAN (IN ORDER OF SUPPORT)

- NEZF Service Helpline Project Plan – **PASSED**
- Targeting Marginally or Underserved Members Project Plan - **PASSED**
- Streamlined Communications Project Plan. **Committed to IT**
- Financial Planning Project Plan **Committed to Finance**
- James P. was elected as Chair from the New England Region

PROPOSALS

- Reimburse planning facilitators for travel (tabled from October) Proposal **TABLED**
- Make Guidelines Workgroup a standing committee Final straw poll 4 -8-1 *Proposal does not pass*
- Change NESSNA chair term/election to April Initial straw poll – 12-0-0-1 *Proposal Passes*
- Extend Virtual NEZF meetings by one hour – 2p-5p - 11 in favor *Proposal passes*
- To investigate the usage of CBDM that works best for the Northeast Zonal Forum.
Withdrawn

CLOSING BALANCE – \$4,084.41.

Next Full NEZF - 4/25-4/27 - Frazer, PA During NESSNA

The next 2-day NEZF meeting will be in October 2025 in Northern New Jersey.

There will be a virtual business meeting in between

I attended the US Collaboration of Zones on 01/12/2025. A report from the SEZ they may of the Zone hosting the Florida Service Symposium. Also, their HRP has recommended three people for positions at the world level.

Communication task group now Workgroup- reported

Total Communication Exchanges: **241**

IT Task Group now IT Workgroup

Website Hits:

Month	Unique Visitors	Number of Visits
Oct 2024	11,343	22,832
Nov 2024	10,875	22,833
Dec 2024	11,536	24,681

NATIONAL PRESENCE WORKGROUP is now PR Workgroup -currently working on getting MailerLite set up so we can begin email outreach. We are also working to finalize calling scripts to make follow-up calls after the emails go out. The minutes have an annual report showing the accomplishments of US collab of Zones. Have passed the hat to pay for the web hosting and Zoom and raised money for about \$300.00 - There is an annual Summary at the end of this report- the minutes were 12 pages

These are working minutes from the February 15th RSC. They have not been approved.

Thanks to everyone who attended our Interim CAR Workshop this past Saturday. David will report more on the response collecting.

The Interim World Service Conference (IWSC) event will be held virtually on February 28 and March 1, 2025.

Here's an update on our in-person GSR assembly on April 19-20, 2025.

Holiday Inn Express Southpoint, Fredericksburg, VA	# of rooms	Cost of room, includes tax	Total
Friday Night	10 doubles	\$141.73	\$1417.30
Saturday Night	10 doubles	\$141.73	\$1417.30
Sunday Conference Room			\$350.00
Have contract but conference room not secured but as of this week we were offered a conference room about 10 minutes from the hotel.			\$3,184.60
			\$184.50 over budget

We still have a budget for food.

For the GSR assembly, we have reserved a room at the library that holds 75 people and has AV equipment that is free to all. The delegate agreed we would donate a Basic Text that David will provide.

Salem Church Branch
2607 Salem Church Road
Fredericksburg, VA 22407

I have also submitted itineraries for MARLCNA in January and for the NEZF/NESSNA event in April. But I may not ask for reimbursement for MARLCNA since there is an event in December that is known to be a great event to attend for the early preliminary information on the Conference Agenda Report (CAR)

YIS

Sherry V
RD, Central Atlantic Region
svorbach@live.com
304-261-0401

Accomplishments: Jan 2024-Jan 2025-US Collaboration of Zones

Infrastructure (January 2024)

- Approved US Collaboration of Zones service body
- Elected facilitator, secretary, Information Technology Task Team, and Communications Task Team leaders

These are working minutes from the February 15th RSC. They have not been approved.

Information Technology Team (Website YTD metrics)

- 10,847 Unique Visitors - 247% increase since Jan 2024 (3037>)
- 22,989 Visits - 393% increase since Jan 2024 (4654>)
- 721,233 Hits - 367% increase since Jan 2024 (154,222>)
- Top 6 Pages most visited:
 - Home page
 - Find NA (meeting search)
 - For the Public
 - For Professionals
 - Events Calendar
 - Contact Us (emails)
- Top 5 Originating countries
 - 1. US
 - 2. Poland
 - 3. Canada
 - 4. Russian Federation
 - 5. France

Communications Task Team (Emails) ➤ 241 communication exchanges

- 3916 % since Jan 2024 (6>)
- 166 Unique individuals
- 75 Follow up

National Presence Project created in April/ Public Relations focused

- Coordinated with NAWS, zonal, regional service bodies in developing list of national organizations to reach out to
- Created contact letter template for professionals and a calling script to ensure consistent responses
- Signed up for MailerLite, an automated free email platform for sending emails

Financials: Calendar Year

Operating Funds:

Zoom account for quarterly USCZ meetings, workgroup, task team meetings, workshops \$0 (Utilized facilitator's zoom account)

- Upcoming expense \$160 for 2025

Website annual hosting \$

- Upcoming expense \$119.88 for 2025

Website domain annual expense \$

- Upcoming expense \$20 for 2025

Total Approximately \$300

Upcoming Initiatives:

- Strategic Planning task team to build out 2025-2026 overall USCZ plan

SUMMARY OF ACTIONS AND DECISIONS

1. Creation of a new PR Work Group and election of Jessie as the Work Group leader.
2. Approval of renaming IT Task Team to IT Work Group.

These are working minutes from the February 15th RSC. They have not been approved.

3. Approval to rename Communications Task Team to Communications Work Group.
4. Agreement to add a disclaimer in emails, clarifying that the Communications group does not dictate to member service groups.
5. Suggested changes to the guidelines, particularly regarding terms to align with the WSC.
6. Approval of a strategic planning session for April, with plans to contact Laura.
7. Agreement to fund the annual expenses (approximately \$300) through voluntary contributions, with a deadline of mid-March.
8. Consensus to summarize meeting minutes.
9. Approved US Collaboration Annual Report

11:54 Regional Delegate, Alternate Report – David H., rda@car-na.org

Last Saturday the delegate team gave a workshop on the Interim conference agenda report. It was well-attended. We will be opening the voting survey today which will remain open until next Saturday at midnight. I have put the link and the QR code in the chat. We will also be sending out an email blast with the link and the QR code and, with the help of the webservant, we will post both on the Delegate's page on the Car-NA website. I will also include them in my report.

When you click on the survey link or open the QR code, you will see the 12 motions that we are voting on this interim WSC. Three of the motions have amendments, and the first motion now has five amendments. At past conferences, we considered the amendments prior to voting on the motion. However, there will be a different procedure for this conference. We will first be considering the motion, and if it does not pass we will not discuss or vote on the amendments. This procedural change may change the way you vote. On the survey we will be sending out, motion 1 will be six voting topics: the motion itself and the five amendments. Using our previous procedure, when we considered the amendments first, a group might vote in favor of an amended motion but not be in favor of the unamended motion, and would vote against it. However, given that we are voting on the motion now prior to considering the amendments, that same group might vote in favor of the unamended motion in order for the amendment to have a chance to be considered.

As discussed in Open Forum, basic texts from the East Coast Convention will be distributed at the April GSR Assembly. Each of our 17 areas will receive three basic texts. By way of background, the East Coast Convention of Narcotics Anonymous began in 1978. Following the publication of our Basic Text in 1983, the mission of ECCNA became to get literature into the hands of incarcerated addicts who might otherwise not have access to it. The next East Coast Convention will take place on June 20-22 in St. Augustine, Florida.

I will have to leave RSC a bit early today, at 2pm, in order to attend the required orientation for the World Service Conference.

ILS,
David H
RDA

These are working minutes from the February 15th RSC. They have not been approved.

12:15 Regional Delegate, Alternate 2 Report – Cindy K., rda2@car-na.org

REGIONAL REPORT: February 15, 2025

CAR-NA Regional Delegate Alternate 2

Report on Attendance and Engagement at MARLCNA 2025

Participation in Issue Discussion Workshops and World Board Motions

The Mid-Atlantic Region of Narcotics Anonymous Convention (MARLCNA) 2025 saw strong participation from members, reflecting a growing commitment to the fellowship's growth and unity. Attendance was good, with numerous members engaging in both in-person and virtual sessions.

Issue Discussion Workshops

The conference featured two Issue Discussion Workshops that addressed pressing topics within the fellowship.

1. Gender-Neutral and Inclusive Language in NA Literature

This workshop explored the growing need and consideration for gender-neutral and inclusive language in Narcotics Anonymous literature. Participants delved into their personal experiences and the specific needs of their local fellowships. The discussion also considered the potential impacts on the global fellowship and the financial implications of implementing such changes. The conversation underscored the importance of inclusivity and the ways in which language can influence the accessibility and relevance of NA literature for all members.

2. Dealing with Predatory and Disruptive Behavior

The second workshop focused on identifying and addressing predatory and disruptive behavior within the fellowship. Participants examined various types of predatory behavior and their effects on individual members, groups, and the overall perception of NA. Personal experiences were shared, highlighting the importance of safeguarding members and maintaining the integrity of the fellowship. Solutions and strategies were discussed, emphasizing adherence to the Twelve Traditions as a guiding framework for addressing these issues. Our RD Sherry co facilitated this session with the RD from Greater Philly.

World Board Motions

The workshop/session on the 2025 Narcotics Anonymous World Service Conference included the review and discussion of twelve World Board motions. These motions covered a range of topics, including actions already in practice needing to be updated in the Guide to World Services (GWSNA), the NAWS budget, and procedural changes for handling motions and amendments at the interim conference and WSC 2026.

The large group discussions were facilitated by a facilitator, ensuring a thorough examination of each motion with questions and input. Some questions were reserved for response by the World Board, providing clarity and guidance on specific issues. Notably, two members of the Narcotics

These are working minutes from the February 15th RSC. They have not been approved.

Anonymous World Services (NAWS) and four World Board members joined the discussions virtually, contributing their insights and helping to clarify some questions and add to the information flow to everyone in attendance.

MARLCNA 2025 successfully fostered an environment of engagement and collaboration among its members. The Issue Discussion Workshops and the review of World Board motions demonstrated the fellowship's dedication to addressing important topics and ensuring the continued fellowship development.

I will be submitting request/receipts for \$582.04 which includes hotel, 2 days per diem and registration for the conference. I am not including Sunday per diem or fuel, to help keep travel costs down. I just need direction on where to send the documentation

April GSR Assembly, Fredericksburg VA April 19 – 20, 2025

As we plan for our upcoming April in-person GSR assembly, we seek your guidance on which of the Issue Discussion Topics the region is most interested in. The choices include: Gender-Neutral and Inclusive Language in NA Literature, Dealing with Predatory and Disruptive Behavior, DRT/MAT as it relates to NA, and Reimagining and Revitalizing Service Committees.

Additionally, other topics of consideration could be Social Media: Best Practices for Members and Service Bodies, Helping Addicts Find Us: Meeting Lists, Flyers, Websites, and EVERY Addict: Expanding Accessibility in NA. We welcome any suggestions or topics your areas would like to address, discuss, and workshop. Your input is invaluable in ensuring our assembly addresses the most relevant and pressing issues for our fellowship.

We have secured 10 rooms at the hotel. The room block will close in March. We will need your room requests sent to rooms@car-na.org by March 15, 2025. All rooms will be double occupancy. We will manage room assignments as best as we can with regards to distance travelling to/from event, number of requests, etc.

Please include in the email request for April GSR Assembly rooms: Name, phone number, Area, Area position/RSC position, if you have someone you would prefer to room with, any special needs, including if you are 'ok' with a co-ed room/prefer same gender roommate, and any other information, questions that we may need to know or consider.

As always, thank you for allowing me to serve our region. Please do not hesitate to reach out to me or any of us on the delegate team with suggestions, questions and concerns.

In loving service,

Cindy K 410-905-0994 savedtoserve98@gmail.com

These are working minutes from the February 15th RSC. They have not been approved.

12:30 VRCC Report – Vicky B., chair@avcna.org; victorynhim@comcast.net

Virginia Regional Convention Corporation, Inc.

Chair's Report

To the members of the 231st RSC, good morning.

The VRCC, Inc. has recently held the 41st AVCNA in Richmond, VA. The New Dominion Area of our region did an incredible job hosting and it was another memorable celebration of recovery at our regional convention!

The VRCC is still actively reviewing its policies with a current Policy Ad-hoc in the absence of a Policy Chairperson. Bidding guidelines will be mailed to all areas in the Central Atlantic Region this month. Elections for the positions of Treasurer, Vice-Treasurer, Policy Chair and WebServant will be held in March of this year.

The 42nd host has an upcoming Spiritual Breakfast on February 22nd in Roanoke, Virginia. The flyer will be posted on our website at www.avcna.org.

Our next meeting will be March 16th. Please visit our website for more information or to reach any director or board member.

In service and fellowship,
VRCC, Inc. Chairwoman, Vicky B.

Public Relations Report – VACANT

Hospitals & Institutions Chair Report – VACANT

12:33 Policy Chair Report – Don V. *pro tempore* policy@car-na.org

Central Atlantic Region of NA Policy Chair Pro-Tem Report

January 18, 2025

Unfortunately, I was unable to hold a Policy Committee Meeting due to my inability to open the Zoom meeting. I attempted to contact everyone I knew of who might have access to the Regional Zoom Account with no luck. It is my understanding that, in the past, the Policy Committee has been scheduled as the first meeting on the day of subcommittee meetings. If elected, I would be willing to accept the responsibility for opening the zoom meeting if necessary.

I have reviewed our Guidelines & Rules of Order and the report from the last Policy Chair Pro-Tem several times over the previous months. I have found some items in both that, I think, need to be addressed, but would very much prefer to do so in a policy committee meeting, not alone.

These are working minutes from the February 15th RSC. They have not been approved.

I am still willing and able to serve and grateful for the possible opportunity to do so.

ILS,
Don V

Speaker Jam Chair Report – VACANT

End of RSC administrative reports

AREA REPORTS:

12:35 Almost Heaven Report – Jenn D. jniferd43@gmail.com present; report presented by Jason S. (alt) jrestorations116@gmail.com or jasonprofessionalsinc@gmail.com

- Due to being out of town, I will be unable to attend and bring the check concerns raised at the January 2025 ASC to the CAR as well as the motion vote and nomination votes.
- AHA ASC vote is: 10 (for) – 5 (against)
- Please see ahana-pr@outlook.com email sent to ASC email distribution on Jan 30, 2025, 9:32 PM
 - Draft revision of IP#21 Staying Clean in Isolation
<https://na.org/naws-projects-and-surveys/revising-ip-21-the-loner-staying-clean-in-isolation/>
 - Draft version of H&I Basics-Corrections
<https://na.org/revising-hi-basics/>
 - 2025-02-28 to 03-01 Creating Our Future: Interim World Service Conference
11am–1pm & 2pm–4pm, Pacific Time
<https://na.org/wp-content/uploads/2024/11/2025-Interim-WSC-Report-1.pdf>
12 Motions to be discussed:
<https://na.org/wp-content/uploads/2025/01/Interim-WSC-2025-Motion-List-1-21-25.pdf>
- Fellowship surveys at <https://na.org/naws-projects-and-surveys/>
 - 1) Step Working Material-DEADLINE March 17, 2025
https://www.surveymonkey.com/r/step_working_material
** if you have resources you use to work Steps, please send them to wb@na.org
 - 2) World ConventionNA survey : <https://www.surveymonkey.com/r/WCNA>
- 2025-04-25 to 27 <https://nesssna.nezf.org/> Northeastern States Service Symposium of NA

12:38 Appalachian Report – Christina R. rchristina459@gmail.com

Dear family. We sent a donation of \$172.98 this past month. We have 8 home groups in our area. The 9th meeting I mentioned last time is a Spanish speaking group. It is still in the works and more details will be revealed as I know them. All of our meeting times, locations/addresses, celebrations and events can be found on our website at. cvaana.org. Shout out to Todd M for always keeping it updated. I took the nominations for RCM treasurer and policy back to our ACS.

These are working minutes from the February 15th RSC. They have not been approved.

They all said thanks for your willingness to serve in approval. 8 yes 0 no. Our ACS meets the first Sunday of each month at 2420 Memorial Ave Lynchburg VA @3:30pm. H&I subcommittee members continue to keep their commitments to local jails and institutions carrying a NA message. We do not have Policy Chair, or special events chair at this time. Suggestions on how to get members interested in wanting to serve would be greatly appreciated. concerns or complaints at this time. Thanks. For letting me serve Christina R.

Beach Report – Phil S. (alt) philstratton757@gmail.com; absent

12:40 Blue Ridge Report – Rick V. ricksescort@hotmail.com

- We met in Verona at the United Methodist Church at 3 pm on 2.9.25. We had twelve people in attendance, 7 homegroups, an alt. and four trusted servants.
- Open forum: We have a new homegroup in the area, the Vision of Hope group, meets in Grottos @ 7pm on Wednesday nights (not on website yet, anticipate an update this month, I apologize for not having address!)
- The dates of the in-person 2-day CARNA GSR assembly and RSC fall on Easter weekend, many folks in area were not thrilled about this.
- BRANA CAMPOUT REPORT: the BRANA campout came to area service and gave a presentation on the financial status of the campout. A few highlights: The campout in 2024 lost 25% (about \$2500.) However, this is strongly correlated with much lower than estimated merchandise sales. The campout has a surplus of \$2600 in merch, valued at \$3600+. There is talk of plan to sell at discount to break even on 2024 campout budget.
- Treasurer Report: No regional donation currently.
- All positions currently open at BRANA ASC (except treasurer)
- Anniversaries: Feb.19 Mike C.-20 years @ Vision of Hope; Feb 28 Adam, Patrick, and Dereck one year each @ Together We Can; March 2 Shaney 12 years, Oscar 2 years @ Back-to-Basics; March 3 Laura H. 29years @ Find A New Way to Live; March 9 Miles and Mitch one year each @No matter What; March 19 Lindsay 1 year @ Find a New Way to Live; March 19
- We have a primitive style campout planned for March 21-23 @ St. Mary's Wilderness
- Our next ASC will meet at 3 pm on March 9th in Verona at the United Methodist Church In Loving Service Rick V.

12:44 Gateway to Freedom Report – Rhonda P. rpiser1@hotmail.com

Hi Family,

Gateway to Freedom had 11 GSRs present the last two ASC's. We have the following positions open Vice Chair, Vice Treasurer, PR Chair, Policy Chair, and Alternate RCM.

We have an H&I Learning Day and Pizza Party on March 1,2025 at 4pm at Fort Recovery. Our annual Chili Cookoff is on March 29,2025 at 3:30 at Fort Recovery at 318 N Centre Street, Cumberland MD. Our Regional donation is \$200.00.

These are working minutes from the February 15th RSC. They have not been approved.

The Thursday Womens meeting "Heard Here Stays Here" moved to Sundays at 2:15 at Fort Recovery.

ASC is held the second Saturday of each month at 10:00am. Friendship Haven Church, Mechanic Street. Cumberland MD. Our mailing address is PO Box 936, Cumberland MD. 21501.

ILS, Rhonda P RCM.

12:48 New Dominion – Linda C. scootzie48@gmail.com; Carol M. (alt, tempore) cmcdaid7@icloud.com; cmcdaid@capitoldecisions.com; cmcdaid@vsadc.com

- NDANA met on 01/19 and 02/09. Quorum was met each month.
- Number of meetings - 67 Number of groups – 59 per week
- Number of Homegroups that attended ASC: 38 in January; 42 in February
- Status of Area Positions – All positions are filled except for RCM-Alt. Carol M. Is going to protemp until someone fills the position.
- New Home Groups that have joined the Area – none currently.
- Meeting Address Change – none currently.
- Information that may affect NA as a whole: none currently.
- Upcoming elections – March - RCM alternate
- Mailing address: New Dominion Area PO Box 25336 Richmond, VA 23260
- Website: <https://rvana.org/areas-served/new-dominion-area>
- Where and when is ASC held: the 2nd Sunday of each month except in January and May when they are the 3rd Sunday from 3:30 – 6:00 at Hatcher Memorial Baptist Church 2300 Dumbarton Rd Richmond, VA 23228
- H&I commitments: Beaumont Prison every other Thursday 7 – 8 (need Clearance) Mark C. jaws7658@gmail.com VCBR Wednesdays 6:30 – 7:30 (clearance needed) Mike M livininthesticks@aol.com James River Juvenile every other Thursday 6:30 – 7:30 (need clearance) Chelsea R chelsearndana@gmail.com The Healing Place
- Friday 6:30 - 7:30 similes2013@gmail.com State Farm Work Camp – women every other Thursday 6:30 until 8:00 (clearance needed) Linda C scootzie48@gmail.com For questions contact Chelsea R chelsearndana@gmail.com
- OUTREACH is hosting a GSR Learning Day on February 16, 2025 1:00 - 4:00 pm 2300 Dumbarton Rd Henrico, VA 23228. Flyer attached.
- ILS
Linda C

New River Valley Report – Thomas L. thomas.langston@icloud.com; thomas@thomaslangston.com, absent

12:50 Piedmont Report – Dana R. dnracette@gmail.com

- 16 Home Groups / 25 meetings per week

These are working minutes from the February 15th RSC. They have not been approved.

- 13 GSRs attended 11/4/24 ASC; 10 GSRs attended 1/5/25 ASC, 10 GSRs attended 2/2/25 ASC
- ASC Trusted Service Positions Open: Alt Secretary, Vice Treasurer, RCM2, H&I Vice Chair
- Area Trusted Servants elected: Pete T was elected as Vice Chair in January, Azaria B was elected as Secretary in February
- Group news: Spiritual Solutions is changing their meeting day/time from Wednesday 6 pm to Friday 7 am effective 3/7/25
- New meetings: none
- Area news:
 - Contribution to CAR: \$500 (November)
 - Contribution to World: \$500 (December)
- Subcommittee news:
 - PR subcommittee meets 1st Sunday at 1:30 on zoom, link on www.piedmontvana.org
 - H&I subcommittee meets 1st Sunday at 2:30 on zoom, link on www.piedmontvana.org
- Area concerns: Our PR chair was given access to the BMLT by Richard.
- Area special events: none currently
- Brief summary: The Piedmont Area is growing and there are new members in service. Next ASC Meeting: First Sunday of the month at 4 pm March 2, 2025. Church of our Savior 1165 Rio Rd E, Charlottesville, VA 22901
- Piedmont ASC Mailing address: PO Box 6931 Charlottesville VA 22906

In Loving Service,
Dana R

12:52 Peninsula Report – William K.,Pascna2020@gmail.com

- A. 31 Home Groups/ 51 meetings weekly
- B. 10 GSR's attended 12/7/2024 ASC;11 GSR's 01/04/2025 ASC Quorum was met at both.
- C. Area trusted service positions open VRCC Alt., RCM Alt
- D. Area trusted servant elected: VRCC Elected
- E. Group news:
- F. Subcommittee News:
 - a. Activities meets 3rd Sat each month, 2PM via Zoom
 - b. H&I meets 1st Sun each month 2pm.
 - c. Literature meets 2nd Sat each month, 3PM @ Main Street Library
 - d. Policy meets Sunday following area at, 1PM via Zoom
 - e. Public Relations meets 1st Sat each month, before ASC Via Zoom
- G. None
- H. Area special calendar event: Sponsorship Brunch held Febraury15, 2025 @ It was a ticket sellout.
- I. Brief Summary: All is well, fulfilling our primary purpose

These are working minutes from the February 15th RSC. They have not been approved.

- J. Next ASC Meetings: March 8th @ 2pm @1509 Todds Lane Hampton, VA 23666
- K. Total number of H&I commitments and facilities being served by area task group: 4
 - a. Pinnacle addiction treatment Center Sat 6PM-7PM
 - b. Pyramid treatment Center meets bi weekly every Wed. & Sat Men and Women, 7PM-8PM
 - c. Riverside Behavioral Center every Tuesday and Thursday 6PM-7PM
 - d. Hampton City Jail biweekly every Wednesday 5PM-6PM

ILS,

William K. on Fire RCM Peninsula Area

12:54 Roanoke Valley Report – Fernando

Hello family.

I attended our Area meeting last Sunday. We had a low number of GSRs because of Super Bowl Sunday, as only 6 homegroups were represented.

Activities is putting on a Valentine's Day Speaker Jam 4-8 pm. And 8-10 Dance tonight held at 2015 Grandin Rd SW Roanoke Va.

H&I - Reported all leads have been carrying out a successful message of Narcotics Anonymous. Convention Committee is having that meeting today as we are doing ours. Will have an update at the next Region.

In new business we talked about changing Area name because of confusion with other Area's abbreviations.

Also discussed on what to do with meetings that don't come to Area and are not opening regularly. Any feedback would be welcome.

In loving service

Fernando H

12:56 Shenandoah Valley Report – Heather R. rollinsheather0@gmail.com; Christine M. christine.mahoney.1989@gmail.com

My name is Heather and I am an addict.

- Area service meets the 2nd Monday of the month at 630pm at 2333 Roosevelt Blvd in Winchester.
- All positions were open for Nominations in January. As of February all positions filled except for VRCC Alt and newsletter.
- We have 18 home groups 2 inactive
- We had our first Area GSR workshop on January 27.

These are working minutes from the February 15th RSC. They have not been approved.

- We have 14 celebrations the next month.
- Shevana voted on Regional motion 230-1 and the two nominations.
- We do not have a donation at this time.
- H&I meets the 1st Monday of the month and has 4 commitments
- PR meets the 4th Monday of the month. There was going to be a phoneline meeting but it was canceled.
- Literature meets the Saturday after area and has done a complete inventory
- Special events meets the 3rd Sunday of the month and is planning a Speaker Jam for SHEVANA's 27 year anniversary.
- Policy adhoc is working on updating guidelines and 5 motions went back to groups.

In loving service
HEATHER R.

Southside Report – Charlotte H. (alt) charlottehightower145@yahoo.com; Mike H. hodgemichael831@gmail.com; absent

Tidewater Report – Colin D. dozierstuart@gmail.com, Darlena S. (alt) dsampsonjones62@gmail.com; absent

12:58 Tri-Cities Report – Maria H. mariahowk93@gmail.com read report on floor, have not received

End of Area reports by RCMs.

1:00 Order of the Day changed per Chair to cover New Business first, as Regional Delegate team had a meeting.

Carol asked for a straw poll to see if this body is prepared to vote for a procedural change.

2:00 Meeting resumed, Old Business.

Larry B. elected Treasurer unanimously

Don V. elected Policy Chair unanimously, Don no longer *pro-tempore*

Open Positions: Vice-Treasurer, H&I Chair, PR Chair, Speaker Jam Chair

Motion 230-1

Next Subcommittee meeting: Saturday, March 15th, 2025 at 10am to noon on Zoom.

Next RSC business meeting: Sunday, April 20th, 2025 in person and on Zoom. Open Forum will begin at 10am, and RSC will begin around 11:15am.

These are working minutes from the February 15th RSC. They have not been approved.

2:16 Heather R. motioned to close the meeting, and Linda C. seconded. Greg H. closed with Serenity Prayer

END OF MINUTES OF THE 231ST CAR-NA RSC