

Rappahannock ASC Minutes for

January 2026

Welcome new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 2nd Sunday – 3:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM
RACC- 2nd Wednesday – 6:30 on ZOOM/In-person Hybrid

Serenity Prayer/Motion to Record

I. Readings

- A. Service Prayer (Mimi W.)
- B. Purpose of Area Service (Brandon L.)
- C. 12 Concepts of NA Service (Abrahm M.)
- D. 12 Traditions of Narcotics Anonymous (Richard M.)
- E. Decorum Statement (Holly F.)

II. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	11	12	01	Report	Comment
Chair	Dan W.	P	P	P	N	Dan W. voted in on 9/07/2025
Vice Chair	OPEN	P	-	-	-	Position is open
Secretary I	Aaron V.	P	P	A	Y	Position is now open at end of area
Secretary II	Noelle C.	-	P	P	N	Noelle C. Voted in on 11/2/25
Treasurer I	Britany M.	P	P	P	Y	Britany M. voted in on 3/03/24
Treasurer II	Justin G.	P	A	A	N	Position is now open at end of area
RCM I	Josh C.	P	P	P	Y	Josh C. voted in on 7/13/25
RCM II	OPEN	-	-	-	-	Position is open
VRCC Dir.	Cat E.	P	P		Y	Cat E. voted in on 04/06/25
Activities	Adri A.	-	-	P	Y	Adri A. voted in on 12/02/25
H&I	Richard M.	P	P	P	Y	Richard M. voted in on 9/07/2025
PR	Robb B.	P	A	P	Y	Robb B voted in on 6/01/25
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 12/02/25
RACC	Rudy C.	P	P	A	N	Rudy C. voted in on 11/05/23

Legend: P = Present A = Absent * = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	11	12	01		POSTION
Primary Purpose	P	P	P	Michael M.	GSR
Welcome Home	P*	P	P	Brittany M.	REP
Who Wants to Live	A	P	P	Jeanette F.	GSR
In It to Win It	P	P	P	Jess J.	GSR
Clean Worx	P	P	P	Brandon L.	GSR
Welcome to the NAborhood	A	A	P	Dawn L.	GSR
Back to Basics	P	P	P	Jason B.	GSR
Experience, Strength, & Hope	A	P	P	Lisa B.	GSR
Hope Fiends	P	P	P	Anita B.	GSR
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
<i>Alive & Free</i>	A	A	A		
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

III. 1st Quorum Call

1 st QUORUM CALL -Must Meet 8 per Bylaws	
Group Represented	11
Procedural Votes	11
Quorum Met?	YES

IV. Adoption of the Agenda

Motion #01-04-01: To amend the agenda to state the correct date for the ASC Meeting.

Maker: Holly F.

VOTE: For: 11 Against: 0 Abstain: 0 **Motion: PASSED**

Motion #01-04-02: To adopt the agenda as proposed.

Maker: Dan W.

VOTE: For: 11 Against: 0 Abstain: 0 **Motion: PASSED**

V. Adoption of December's Minutes

Motion #01-04-03: To approve the minutes for December.

Maker: Dan W.

VOTE: For: 9 Against: 0 Abstain: 2 **Motion: PASSED**

VI. Secretary Report

A. Secretary I – Aaron V. –

RANA ASC,

This Area Service meeting is my last meeting for this term as your area secretary.

Unfortunately, I was called into work this Sunday, and I will not be able to attend. It was never my intention not to show up in person. If the body would like, I can be present at Area in February to have a formal transition from the Secretary position. Just let me know.

Thank you for allowing me to serve RANA at the area level as your secretary for the past four (4) years. It has been an honor and a privilege to be part of.

Thanks,

Aaron V.

B. Secretary II – Noelle C. - No report

VII. Chairperson Report – Dan W. – No report

VIII. Vice Chairperson Report – OPEN

IX. Treasurer Report

A. Treasurer I – Britany M. –

Good evening everyone,

As of today, the area bank account holds \$1,608.17. This includes an area deposit of \$152.50, which all came from literature orders. Then, check number #115 cleared for \$160.00 to Trinity for the donation. And lastly \$17.84 charge for the Zoom account. It is hard to say this, but I want to remind the home groups that donating to the area helps our area to flourish and grow. Last month, there was not one single donation to our area, which is sad and concerning. I know life has gotten expensive, but even a little can go a long way. Thank you. In loving service-Britany M

B. Treasurer II – Justin G. - Absent

X. RCM Report - Josh C. -

Regional Vacant Positions:

Vice-Chair, Vice-Treasurer, RD-Alt, H&I Chair, Policy Chair, PR Chair, and Speaker Jam Chair

17 Areas in our Region. 8 Areas were present during December RSC.

Regional Motions to bring back to the home groups:

- Motion 235-2 Change Section 4A of the Treasurer's Duties (Attached to my report)

Current NA Surveys: (Deadline April 01, 2026)

- CAR Survey: WSC 2026 Literature, Service Material, and IDT Survey
- Gender-Neutral and Inclusive Language Survey: CAR Input Question - Gender-Neutral and Inclusive Language Survey
- DRT/MAT in NA: Helping Members Take Root Survey: CAR Input Question - DRT/MAT in NA: Helping Members Take Root Survey

Upcoming December RSC

- When: February 21, 2026
- Where: Louisa County Library 881 Davis Highway Mineral, VA 23117

Digital Copy of the 2026 CAR:

2026-CAR-10-30-25.pdf

Upcoming RSC Events:

- CAR/CAT Workshop - February 15, 2026
- GSR Assembly – March TBD
- In-Person CAR Workshop – March TBD (Quad 1)

RCM Work Done Since Last ASC:

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- I met with our area PR subcommittee in December to discuss adding more content to the RCM tab on our area website. As of right now, we have the archives of RSC meeting minutes for 2025. We will also be posting digital copies of the PowerPoints that the GSRs will receive today from the PR Chair. We are also working to set up the RCM email address so anyone in our area can use it to reach out to me directly about anything related to regional service.

- RCM Email Address: RCM@rappna.org
- RCM Website Link: [Regional Committee Members \(RCM\) - Rappahannock Area of Narcotics Anonymous](#)

- I will be working with the Regional Alt RD to lock down the details for the March CAR workshop our area will be hosting. More to follow on this.

Forever Circled, Josh C.

XI. VRCC Report- Cat E.-

Hi Rana Family,

VRCC did not meet in December 2025. We will meet on March 15, 2026, in Charlottesville, VA, at UVA Hospital. Friendly reminder: 42 AVCNA Shattering the Illusion January 23-25, 2026, at the Hotel Roanoke. Thanks for letting me serve. Cat E.

XII. Subcommittee Reports

A. Activities– Adri A. –

The following activities are being planned, with more to be revealed over the next few months:

- Take Over: February 7th at 4 PM at IHOP in Central Park
- Karaoke / Speaker Jammies at the Dumpster location on March 14th with a \$3 suggested donation with a St. Patrick's Day Raffle.
- Field Day on either April 4th or the 11th at Loriella Park with a suggested donation of \$5 and a raffle basket.
- Camping Event on June 13-14th on the Rappahannock River.
- RANA Halloween Event at Trinity on October 30th
- New Year's Hoe Down on December 31st

Please note that these events are subject to change depending on how things shake out, so more will be revealed! Come on out to help plan our area's events at our next subcommittee meeting on February 8th at 3 PM at Wegmans. This will also be a hybrid meeting on Zoom as well.

B. Hospitals & Institutions – Richard M. –

Good afternoon ASC

Currently, we have met all commitments at Sunshine Lady House, Boxwood, and the Spotsy Detox. We are trying to communicate with the detox about whether we can meet their needs in other ways than in-person meetings due to the lack of attendance by the clients. Sunshine Lady House is going well, and as a subcommittee, we have decided to lower the clean time requirement to share from 6 months to 90 days in hopes of giving more people the opportunity to serve the addict that still suffers. Boxwood is asking for an additional monthly commitment, as well as possibly teaming up with the NORVANA area to help cover meeting

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slots requested by Mainsprings. We meet on the first Sunday of every month at 3 pm, and all are welcome. If you are interested in chairing an H&I meeting or just willing to share your experience, strength, and hope, please let us know, or just show up to the subcommittee meeting. Thank you for letting me serve.

ILS-Richard M.

C. **Literature** – Natalie M.– **No report.**

D. **Public Relations** – Robb B.-

Hey Everyone,

Hope everyone is ready for a new year. PR will be having a PR Learning Day on 21 February 2026 at Trinity Episcopal Church from 3-5:30. We will cover topics like what PR is for the Fellowship, the resources we provide the area (meeting lists, facility relationships, phoneline services, and more), how members can be of service in a PR aspect, and answer any questions members may have. Looking forward to seeing everyone there. New meeting lists have been printed. I also have a flyer on service for everyone to take and share with their home groups. Service is a huge part of our program, and it's important for our members to know how they can be of service at every level of our Area and beyond. Thanks to everyone for their service. Let me and Natalie know of any website needs, and if there is anything we can do.

E. **RACC (Convention)** -Rudy C. – **Absent.** Another subcommittee member advised that they are still working on the necessary paperwork to become a corporation.

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Brittany M.	Sun. 7:00 – 8:15 PM	15	25/3	\$25.00	\$83.80
1/11- Ron M. - 21 years						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	6	10/4	0	0
2/18 - Jeannette F. 3 yrs						
Clean Works	Brandon L.	Wed. 7:00 – 8:15 PM	15	20/2	0	0
Welcome to the NAborhood						
Welcome to the NAborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	7/1	0	0
In It to Win It						
In It to Win It	Jess J.	Mon. 7:00 - 8:15 pm	7	21/3	\$30.00	\$48.25
1/12 – Jo K. – 29 years						
Back to Basics	Jason B.	Fri. 7:00 – 8:15 PM	11	23/6	\$100.00	\$22.15
2/6 – Corey C – 19 years						
Primary Purpose	Michael M.	Sat. & Sun. 1–2:30 PM	12	15/2	0	\$80.00
Experience, Strength, & Hope						
Experience, Strength, & Hope	Lisa B.	Sat. 7:00 – 8:30 PM	6	15-20/5	0	0
Hope Fiends						
Hope Fiends	Anita B.	Tues. 7:00– 8:15 PM	4	20/3	0	0
Steven P.'s celebration is cancelled due to him moving.						
Ladies & Gentlemen in recovery	Holly F.	Thurs. 7:00-8:15 PM	10	25/1	0	\$11.75
2/26 - Pizza & Speaker Meeting – Not separating.						
Alive & Free	-	Multiple days	-	-/-	0	0
S.E.E. Recovery- 710 U.S. Avenue, Culpeper-Weds. @ 6:45pm & Fri. @ 6:45pm.						
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	4	3/0	0	0

XIII. 10 MINUTE RECESS – Taken/Not Taken

XIV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Brittany M.	REP
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Jess J.	GSR
4. Clean Works	P	Brandon L.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basic	P	Jason B.	GSR
7. Primary Purpose	P	Michael M.	REP
8. Experience, Strength & Hope	P	Lisa B.	GSR
9. Hope Fiends	P	Anita B.	GSR
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Alive & Free	A		
12. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 8 per Bylaws	
Group Represented	11
Procedural Votes	11
Quorum Met?	YES

XV. Old Business-

MOTION: 12-07-04

Date: 12/07/2025

Motion Maker: Britany M.

Second by GSR: Jason B.

Motion: To donate 100 dollars to the region

Intent: To maintain the 7th tradition

Should this motion be sent back to groups? YES

VOTE: FOR: 9 AGAINST: 1 ABSTAIN: 1 MOTION: PASS

MOTION: 12-07-05

Date: 12/07/2025

Motion Maker: Britany M.

Second by GSR: Jason B.

Motion: To donate 50 dollars to World Service

Intent: To maintain the 7th tradition

Should this motion be sent back to groups? YES

VOTE: FOR: 8 AGAINST: 2 ABSTAIN: 1 MOTION: PASS

MOTION: 12-07-06

Date: 12/07/2025

Motion Maker: Richard M.

Second by GSR: Jason B.

Motion: Resubmission of the proposed RANA area budget For FY 2026- No changes made.

Intent: To make sure the area has a working budget for FY 2026

Should this motion be sent back to groups? YES

VOTE: FOR: 9 AGAINST: 0 ABSTAIN: 2 MOTION: PASS

XVI. Open Sharing Session

-Discussion on setting up service position-based emails for RANA started by a member to allow the ease of sending out emails to subcommittees. A member and PR have set up an ad hoc subcommittee meeting to set up emails on January 11th and January 25th at 4 PM in Wegmans. This will also be a hybrid meeting on Zoom.

-A member brought up completing a bank audit once the Treasurer's position term is up to ensure an accurate depiction of financial reporting. This will be done on 1/11 and 1/25 at 4 PM at Wegmans, at the same time as ad hoc subcommittee meetings for the emails for service positions. The results of the bank audit will be discussed at the February ASC.

-Discussions started by a member for hosting learning days regarding the four issue discussion topics identified by NAWS (Gender-Neutral and Inclusive Language in NA Literature, Dealing with Disruptive and Predatory Behavior, DRT/MAT as it Related to NA: Helping Members Take Root, and Reimagining and Revitalizing Service Committees). Members brought up that there is a suggestion box link on the RANA website for members to suggest ideas for learning days. More to be revealed in future ASC meetings on any potential learning days on these topics.

-A member started a discussion on what the funds collected at the Marathon Meeting on Christmas Day will be used for. Another member advised the Who Wants to Live Homegroup that hosted the marathon meeting elected to donate to the meeting location, in accordance with the 7th tradition.

-Discussions started on the importance of both GSRs and the executive body being proactive, attentive, and asking questions during Area to keep homegroups adequately informed.

XVII. New Business:

Motion #01-04-04

Date: 01/04/2026

Motion Maker: Michael M

Motion: Move the Area Service Meetings a week back for April, July, and September of 2026 due to holidays falling or around the ASC date.

Intent: To better allow attendance of GSRs and the executive body.

Should this motion be sent back to groups? NO

VOTE: FOR: 8 AGAINST: 0 ABSTAIN: 3 MOTION: PASS

****April ASC will be on April 12**

July ASC will be on July 12

September ASC will be on September 13

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Motion #01-04-05

Date: 01/04/2026

Motion Maker: Michael M.

Second by GSR: Brandon L.

Motion: Remove Justin G. from the position of Treasurer II

Intent: Due to a loss of abstinence, we must vacate the position

Should this motion be sent back to groups? NO

VOTE: FOR: 8 AGAINST: 0 ABSTAIN: 3 MOTION: **PASS**

Regional Motion

REGIONAL MOTION: 235-2

Motion Number: 235-1 2

Date: October 22, 2025

Mover: Financial AD-HOC Subcommittee

Area: -

Second: Linda- RCM

Area: New Dominion

DESCRIPTION/BACKGROUND: Motion to change section 4A Treasurer Duties

8. After expenses are paid and the prudent reserve is met, all remaining contributions will be forwarded to NAWS.

To: 8. After paying current expenses and earmarking anticipated budgeted expenses due before the next 3 RSC meetings, any funds above prudent reserve and these cost will be sent to NAWS through December 2026 RSC.

INTENT:

To observe true obligations approaching CARNA during this WSC year and to aid in making sure these budgeted events don't drain our account as a result of us not properly preparing financially for these upcoming events (i.e. WSC 2026 & April GSR assembly)

MOTION:

8. After paying current expenses and earmarking anticipated budgeted expenses due within the period of the next 3 RSC meetings, any funds above prudent reserve and these cost will be sent to NAWS through December 2026 RSC.

Should this motion be sent back to groups? YES

XVIII. ASC OPEN POSITIONS:

- Vice Chairperson - Please announce.
- Treasurer II – Open in February, please announce.
- Secretary I. – Open in February, please announce.
- RCM II - Please announce.

XIX. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

Alive & Free

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, February 1st, 2026, on ZOOM & in-person.

Submitted to RANA ASC for approval by Aaron V. & Noelle C.