

Rappahannock ASC Minutes for

March 2026

Welcome, new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 2nd Sunday – 3:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – 4th Wednesday – 6:00 on ZOOM
RACC- 2nd Wednesday – 6:30 on ZOOM/In-person Hybrid

Serenity Prayer/Motion to Record

I. Readings

- A. Service Prayer (Abrahm M.)
- B. Purpose of Area Service (Michael M.)
- C. 12 Concepts of NA Service (Ron M.)
- D. 12 Traditions of Narcotics Anonymous (Jason B.)
- E. Decorum Statement (Nate S.)

II. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	01	02	03	Report	Comment
Chair	Dan W.	P	P	P	N	Dan W. voted in on 9/07/2025
Vice Chair	OPEN	-	-	-	-	Position is open
Secretary I	Noelle C.	-	P	P	N	Noelle C. voted in on 2/1/26
Secretary II	OPEN	-	-	-	-	Position is open
Treasurer I	Britany M.	P	P	P	Y	Britany M. voted in on 3/03/24
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	Josh C.	P*	P	P	Y	Josh C. voted in on 7/13/25
RCM II	OPEN	-	-	-	-	Position is open
VRCC Dir.	Cat E.	P	P	A	Y	Cat E. voted in on 04/06/25
Activities	Adri A.	P	P	P	Y	Adri A. voted in on 12/02/25
H&I	Richard M.	P	P	P	Y	Richard M. voted in on 9/07/2025
PR	Robb B.	P	P	A	Y	Robb B voted in on 6/01/25
Literature	Natalie M.	P	P	P	Y	Natalie M. voted in on 12/02/25
RACCNA	OPEN	-	-	-	N	Position is open

Legend: P = Present A = Absent * = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	01	02	03		POSTION
Primary Purpose	P	P	P	Michael M.	GSR
Welcome Home	P	P	P	Brittany M.	REP
Who Wants to Live	P	P	P	Jeanette F.	GSR
In It to Win It	P	A	P	Justin G.	REP
Clean Worx	P	P	P	Mark T.	GSR
Welcome to the NAborhood	P	P	P	Dawn L.	GSR
Back to Basics	P	P	P	Jason B.	GSR
Experience, Strength, & Hope	A	P*	P	Lisa B.	GSR
Hope Fiends	P	P	A	Anita B.	GSR
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
<i>Alive & Free</i>	A	A	P	Charlie B.	GSR
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

III. 1st Quorum Call

1st QUORUM CALL -Must Meet 8 per Bylaws	
Group Represented	11
Procedural Votes	11
Quorum Met?	YES

IV. Adoption of the Agenda

Motion #03-01-01: To adopt the Agenda as proposed.

Maker: Justin G.

VOTE: For: 11 Against: 0 Abstain: 0 **Motion: PASSED**

V. Adoption of February's Minutes

Motion #03-01-02: To approve the minutes for February.

Maker: Holly F.

VOTE: For: 8 Against: 0 Abstain: 3 **Motion: PASSED**

VI. Secretary Report

A. **Secretary I** – Noelle C. – **No report**

B. **Secretary II** – **OPEN**

VII. Chairperson Report – Dan W. – **No report**

VIII. Vice Chairperson Report – **OPEN**

IX. Treasurer Report

A. **Treasurer I** – Brittany M. –
Good evening, everyone,

This is officially my last area as treasurer. My term ends at the end of the business meeting today. I wanted to just thank you all for the opportunity for this position it has truly been a learning curve for me. So, I did share I don't mind serving as pro temp for a couple of months till we find a willing proponent. So, let's get into it. As of today, the area bank account holds 1776.91, which includes the area deposit of \$349.25, \$213.25 was for literature orders, and \$131.50 was for area donations. Then the monthly Zoom account came out for \$17.84. Check number #1120 was cleared for \$60.00 to Adri for securing locations for activity events. Lastly, check number #1119 was cleared to the region for 100.00. Thank you so much for letting me serve.

-Britany M

B. **Treasurer II** – **OPEN**

X. A. RCM Report - Josh C. –

Regional Vacant Positions:

Vice-Chair, Vice-Treasurer, H&I Chair, Policy Chair, Ad-Hoc Chair, and Speaker Jam Chair

17 Areas in our Region. 11 Areas were present during March RSC.

Regional Motions to bring back to the home groups:

Motion 235-2 Change Section 4A of the Treasurer's Duties

PASSED at Region Y:6, N: 0, A:2

Current NA Surveys: (Deadline April 01, 2026)

CAR Survey: WSC 2026 Literature, Service Material, and IDT Survey

Gender-Neutral and Inclusive Language Survey: CAR Input Question –

Gender-Neutral and Inclusive Language Survey

DRT/MAT in NA: Helping Members Take Root Survey

H&I Basics: Input Form – H&I Basics – Committees Review and Unput Draft for Review from 16 January 2026 to 16 April 2026 Survey

Upcoming April RSC

When: April 18 from 10-4 PM / April 19 from 11-5 PM

Where: 549 North Queen St, Martinsburg, WV 25404

**Digital Copy of the 2026 CAR/CAT is attached to the ASC Minutes email

Upcoming RSC Event:

GSR Assembly:

April 18 from 10-4 PM

Location: 549 North Queen St, Martinsburg, WV 25404

In-Person, CAR/CAT Workshop:

March 28, 2026, from 11-3 PM

Location: Trinity Episcopal Church
825 College Avenue, Fredericksburg, VA 22401

RCM Work Done Since Last ASC:

RCM Email Address: RCM@rappna.org

RCM Website Link: [Regional Committee Members \(RCM\) – RANA](#)

Forever Circled,

Josh C.

RANA RCM

B. RCM II - OPEN

XI. VRCC Report- Cat E.-

Hi RANA Family,

I cannot be present in person due to a shift in my job this month. The VRCC will meet on March 15, 2026, in Charlottesville at UVA Hospital near the cafeteria from 12-4 PM. We did not meet last month. It is also a hybrid meeting. More to be revealed.

Thanks for letting me serve,

Cat E.

XII. Subcommittee Reports

A. **Activities**– Adri A. –

Hello Area,

Our first event of the year at IHOP was successful, and we had 12 people in attendance. Our next activity of the year will be Jammie Jams, a pajama karaoke party, and will be held on March 14th at Trinity Episcopal Church from 6-9 PM. We expect a good turnout! Our event after that will be our camping event, and we would like the support of the PR committee to get an RSVP put on the website, so we know how many campsites to reserve. That's all for my report.

Thanks for letting me serve.

B. **Hospitals & Institutions** – Richard M. –

Good afternoon, ASC,

We are maintaining every Monday at Sunshine Lady House, as well as our 3 commitments at Boxwood. We have stopped at the Spotsy Detox commitment as of February but will continue to supply literature at their request. We are currently still working on Mainsprings and the methadone clinic to see about expanding our current commitments. We will be putting in a literature order today for \$150.

C. **Literature** – Natalie M.–

Good afternoon, ASC,

The prices were updated on the Literature Order form before this month's Area, as previously discussed. Additionally, the descriptions for the tri-plate and laser-etched

medallions have also been updated for accuracy, regarding the possible color options and special order-only status. We have also included a new Infinity medallion product to reflect the current inventory.

Special thanks to Robb for making all the requested updates to the Form.

ILS,

Natalie

D. **Public Relations** – Robb B.-

Hey Everyone,

Sorry for not being able to be there today, I have a family event. I wanted to thank everyone who came to the Learning Day last week. We had a great session where we went over what PR in NA is, how we serve RANA, and how our phone line works. We went over a draft of the phone line training manual and got great input on things to include. These documents will be available for review and viewing on the website soon. Please continue to announce that we are looking for phone line volunteers. We ask that the volunteers have a 1-year clean time, have a sponsor, and be actively working on steps. Anyone who is interested can get in contact with me! We are looking for recovery community events to set up tables at this year, and that will also need volunteers, so if you are interested in that, let me know! I am reaching out to several spots in the community for some members who are interested in starting meetings in Stafford, so stay tuned for more information on that.

Thanks for the opportunity to serve.

E. **RACCNA (Convention)** -- **OPEN**

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Brittany M.	Sun. 7:00 – 8:15 PM	16	20-25/1-3	\$10.00	\$20.64
3/1 – Last candlelight meeting – will bring back in the fall						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	4	10/3	0	0
Support for this homegroup is requested about chairing on Thursdays or another day to switch out for someone to be available on Thursdays.						
Clean Works	Mark T.	Wed. 7:00 – 8:15 PM	12	20-30/4	\$88.00	\$69.75
3/4 - Mimi W. 8 yrs						
Welcome to the NAborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	7/1	0	0
All is well.						
In It to Win It	Justin G.	Mon. 7:00 - 8:15 pm	7	22/3	\$15.00	\$42.20
Back to Basics	Jason B.	Fri. 7:00 – 8:15 PM	11	26/5	0	0
3/20 – Pete B. 46 years						
Primary Purpose	Michael M.	Sat. & Sun. 1–2:30 PM	12	15/2	0	\$8.75
Experience, Strength, & Hope	Lisa B.	Sat. 7:00 – 8:30 PM	5	13-20/5	\$50	\$22
4/4 – Lisa B. 27 yrs; 4/18 - Ernest R. - 1 yr						
Hope Fiends	Anita B.	Tues. 7:00– 8:15 PM	-	-/-	-	-
Ladies & Gentlemen in recovery	Holly F.	Thurs. 7:00-8:15 PM	10	25/2	\$25.00	\$9.00
3/5 – Holly F. -- 4 yrs; 4/16 - John F. - acknowledging 37 yrs						
Alive & Free	Charlie B.	Multiple days	8	10/2	\$200	\$80.00
Meet Wednesdays and Fridays at 6:45-7:45 PM - Fridays is a candlelight meeting and Wednesdays is a literature meeting.						
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	4	3/0	0	0
4/7 - Crystal M. - 8 yrs						

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XIII. 10 MINUTE RECESS – Taken/Not Taken

XIV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Brittany M.	REP
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Justin G.	REP
4. Clean Works	P	Mark T.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basics	P	Jason B.	GSR
7. Primary Purpose	P	Michael M.	REP
8. Experience, Strength & Hope	A*	Lisa B.	GSR
9. Hope Fiends	A	Anita B.	GSR
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Alive & Free	P	Charlie B.	GSR
12. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 8 per Bylaws	
Group Represented	10
Procedural Votes	10
Quorum Met?	YES

XV. Old Business-

Motion #02-01-03

Date: 02/01/2026

Motion Maker: Adri A

Second by GSR: Holly F

Motion: Reimbursement of \$60

Intent: For reimbursing a member for the reservation of our field day space

Should this motion be sent back to the groups? NO

VOTE: This is a budgeted item. **PASSED**

XVI. Open Sharing Session

An addict asked for clarification from the RCM on how the GSR assembly will be run regarding going over the CAR/CAT results.

An addict brought up the bylaws regarding the reports from the chairs of subcommittees or people in the subcommittee, so that questions can be answered regarding the reports. It was also brought up whether the bylaws should be amended, or the reports should just not be read on the floor and only submitted in the minutes. It was determined that any reports submitted by absent chairs of subcommittees be included in the minutes, or read by another member of that subcommittee.

An addict brought up the importance of newcomers in either the area or service, showing up to learning days or CAR/CAT workshops that are close by to learn and gain experience in service.

An addict read off the upcoming announcements to be added to the website:

- March 4: Mimi W. celebrating 8 years at Clean Works
- March 5: Holly F. celebrating 4 years at Ladies & Gentlemen in Recovery
- March 20: Pete B. celebrating 46 years at Back to Basics
- April 4: Lisa B. celebrating 27 years at Experience, Strength, and Hope
- April 7: Crystal M. celebrating 8 years at BE the WE
- April 16: John F. acknowledging 37 years at Ladies & Gentlemen in Recovery
- April 18: Ernest R. celebrating 1 year at Experience, Strength, and Hope

XVII. New Business:

Motion # 03-01-03

Date: 03/01/2026

Motion Maker: Richard M.

Second by GSR: Holly F.

Motion: \$150 literature order for H&I

Intent: To continue to carry the message to the addict who still suffers

Should this motion be sent back to the groups? NO

VOTE: This is a budgeted item. **PASSED**

XVIII. ASC OPEN POSITIONS:

- Vice Chairperson - Please announce.
- Treasurer I - now open at the end of this area. Please announce.
- Treasurer II – Please announce.
- Secretary II – Please announce.
- RCM II - Please announce.
- RACCNA –
Discussion was had regarding how the duties will need to be amended in the bylaws now that RACCNA is a corporation. Discussion was also had regarding whether that needs to be amended before voting in a new chair of the RACCNA subcommittee. An addict brought up that this can still be moving forward with nominations of a new chair if the area is okay with this. Another addict brought up the idea of an ad hoc subcommittee being formed to amend the bylaws before voting in a new chair of RACCNA, and another member brought up getting a chair in place for RACCNA and then forming the ad hoc subcommittee to amend the bylaws.
Ron M. was nominated by Holly F, seconded by Mimi W. - Ron M. accepted the nomination.
Pros for Ron M.: held the position before and was successful at it; honest; doing service for over 21 years, and shows up and maintains principles before personalities
Cons for Ron M.: Quit position before term completion; rotation of service for other members of the area
Lisa B. was also nominated for RACCNA chair by her home group, seconded by Dawn L. – Lisa B. accepted the nomination.
Pros for Lisa B.: first position held in this area; diversity of service work in other areas.
Cons for Lisa B.: abrasive at times
For Lisa B.: For: 1 Against: 6 Abstain: 3
For Ron M.: For: 6 Against: 1 Abstain: 3
Ron M. is now the chair of RACCNA.

XIX. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

None to report at this time.

An ad hoc subcommittee has formed to amend the bylaws regarding the chair of RACCNA's duties, chaired by Richard M., and will be held on Wednesday, March 11th, at 6:00 PM at Wegmans and on Zoom.

The RACCNA Subcommittee Meeting will also be held at Wegmans and on Zoom on March 11th, following the ad hoc subcommittee meeting.

- Adjournment and Serenity Prayer

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The next ASC meeting begins at 4 p.m. on Sunday, April 12, 2026, on ZOOM & in-person.

Submitted to RANA ASC for approval by Noelle C.