

Rappahannock ASC Minutes for

April 2026

Welcome, new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 2nd Sunday – 3:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – Last Monday of Month – 6:00 on ZOOM
RACC- 2nd Wednesday – 6:30 on ZOOM/In-person Hybrid

Serenity Prayer/Motion to Record

I. Readings

- A. Service Prayer (Ron M.)
- B. Purpose of Area Service (Michael M.)
- C. 12 Concepts of NA Service (Adri A.)
- D. 12 Traditions of Narcotics Anonymous (Richard M.)
- E. Decorum Statement (Anita B.)

II. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	02	03	04	Report	Comment
Chair	Dan W.	P	P	P	Y	Dan W. voted in on 9/07/2025
Vice Chair	OPEN	-	-	-	-	Position is open
Secretary I	Noelle C.	P	P	P	N	Noelle C. voted in on 2/1/26
Secretary II	OPEN	-	-	-	-	Position is open
Treasurer I	OPEN	P	P	P	Y	Position is open – Britany M. pro temp until filled
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	Josh C.	P	P	P	Y	Josh C. voted in on 7/13/25
RCM II	OPEN	-	-	-	-	Position is open
VRCC Dir.	Cat E.	P	A	P	Y	Cat E. voted in on 04/06/25
Activities	Adri A.	P	P	P	Y	Adri A. voted in on 12/02/25
H&I	Richard M.	P	P	P	Y	Richard M. voted in on 09/07/2025
PR	Robb B.	P	A	P	Y	Robb B voted in on 06/01/25
Literature	Natalie M.	P	P	P	N	Natalie M. voted in on 12/02/25
RACCNA	Ron M.	-	-	P	Y	Ron M. voted in on 03/01/26

Legend: P = Present A = Absent * = Arrived Late

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

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B. Group Service Representative/Home Group Roll Call

GROUP NAME	01	02	03		POSTION
Primary Purpose	P	P	P	Michael M.	GSR
Welcome Home	P	P	P	Brittany M.	REP
Who Wants to Live	P	P	P	Jeanette F.	GSR
In It to Win It	P	A	P	Cat E.	REP
Clean Worx	P	P	P	Mark T.	GSR
Welcome to the NAborhood	P	P	A	Dawn L.	GSR
Back to Basics	P	P	P	Jason B.	GSR
Experience, Strength, & Hope	P*	P	A	Lisa B.	GSR
Hope Fiends	P	A	P	Anita B.	GSR
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
<i>Alive & Free</i>	A	P	A	Charlie B.	GSR
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

III. 1st Quorum Call

1st QUORUM CALL -Must Meet 8 per Bylaws	
Group Represented	9
Procedural Votes	9
Quorum Met?	YES

IV. Adoption of the Agenda

Motion #04-01-01: To adopt the Agenda as proposed.

Maker: Robb B.

VOTE: For: 9 Against: 0 Abstain: 0 **Motion: PASSED**

V. Adoption of April's Minutes

Motion #04-01-02: To approve the minutes for March.

Maker: Britany M.

VOTE: For: 8 Against: 0 Abstain: 1 **Motion: PASSED**

VI. Secretary Report

A. **Secretary I – Noelle C. – No report**

B. **Secretary II – OPEN**

VII. Chairperson Report – Dan W. -

Good afternoon, RANA, Welcome to Spring.

I had the privilege of going to several of the subcommittee meetings over the last couple of months. It is great to see participation across the area in H&I, Activities, and PR. I also attended part of the CAR/CAT workshop presented by the Region. It was a great opportunity to learn about the current trends in our worldwide fellowship regarding how we are adapting to the times with our literature, and to see how the world board and the fellowship feel about the future of our convention. The RD's from our region were here leading the presentation, and several other members of the fellowship from across the region were present, which is a great opportunity to widen my own network and see people I had not seen in a while. I look forward to the upcoming events we will be hosting in the area and the continued growth of our area and fellowship as a whole.

I would also like to take this time to address a situation from last month's ASC. Due to a lack of better judgment and awareness, I overlooked a GSR's petition regarding last month's elections. I would like to take the moment to apologize to Jeannette for my actions, and I hope to do better in service to this body in the future. Everyone's input is highly valued and should be considered as such.

V/R

Dan W.

VIII. Vice Chairperson Report – OPEN

IX. Treasurer Report

A. **Treasurer I – Britany M. pro temp –**

Good afternoon, everyone,

As of today, the area bank account holds \$1,970.21. This includes a deposit of \$650.30 with \$388.00 from area donations and \$262.30 from literature orders. We had our monthly charge for Zoom come out at \$17.84. Lastly, we had a free state order for literature placed for \$439.16.

Thank you,

Britany M.

B. **Treasurer II – OPEN**

X. A. RCM Report - Josh C. –

Regional Vacant Positions:

Vice-Chair, Vice-Treasurers, H&I Chair, Policy Chair, Ad-Hoc Chair, and Speaker Jam Chair
17 Areas in our Region. 11 Areas were present during the March RSC.

Upcoming April RSC:

When: April 18, 10-4 PM / April 19, 11-5 PM

Where: 549 North Queen St, Martinsburg, WV 25404

Digital Copy of the 2026 CAR/CAT is attached to the report.

Upcoming RSC Events:

GSR Assembly

When: April 18, 10-4 PM

Location: 549 N Queen St, Martinsburg, WV 25404

RCM Work Done Since Last ASC:

I attended the Regional CAR/CAT workshop that occurred on March 28th. I would like to thank the Area Chair, PR Subcommittee Chair, and the GSRs who attended the workshop.

Forever Circled,

Josh C.

RANA RCM

RCM@rappna.org

B. RCM II - OPEN

XI. VRCC Report- Cat E. -

Hi RANA family,

I attended the VRCC meeting via Zoom on March 16, 2026. Executive committee present. 9 directors present representing their areas. VRCC Chair Vicky gave a report consisting of the 42nd AVCNA being a success despite the ice storm that occurred that Saturday night into Sunday. The hotel did not sell 172 rooms, and the Hotel Roanoke gave us grace with the weather-related conditions. After the convention, usually on a Sunday, there is a post-convention meeting for directors, but due to the weather, many directors were not present. A proposal of having a platform to be hybrid for post-meeting attendance after the convention will be considered. Vicky Bradley's term as Chair ended, and the directors voted in the new VRCC Chair, James Hunter. Erin Mayberry, Secretary, was voted into the Vice Chair position. Bids for the 43rd AVCNA convention are now being taken for 2028. Virginia Beach seems to be interested in hosting the event. I will forward the bid requirements to Rappahannock when I receive the email. I'm having trouble receiving some emails. I reached out to the web master, Anne, and it seems to be involved with Google Workspace permissions, etc. I continue to remain teachable as your VRCC Director.

The Treasurer position is now open, with a 2-year commitment and 5-year clean time. Secretary position now open, with a 2-year commitment and 2-year clean time. I forwarded Noelle the email from the March 2026 VRCC meeting, with attachments of the budget for the convention, executive body position requirements, etc.

The next meeting will be on May 17, 2026, hybrid or in person at UVA Hospital, Charlottesville, VA. If anyone is interested in attending, we welcome all trusted servants. The policy meeting starts at 11 AM. Please let me know.

Again, thanks for letting me serve,

Cat

XII. Subcommittee Reports

A. Activities– Adri A. –

Dear RANA Area Service,

The activities subcommittee's first big event (Jammie Jams) was super successful! With about 50 in attendance, plenty of songs, and most importantly, lots of recovery in the room! With that event, we are about to make a reimbursement of \$139 to the area. Our next big event of the year will be "Fellowship and Fun in the Sun," which is our field day event on May 9th at Loriella Park from 12-5 PM. There will be plenty of food, fun, and games, and it is a family-friendly event, so bring the whole family! If I could ask the assistance of the group to please announce this event at meetings you go to! That's all for the Activities Subcommittee!

B. Hospitals & Institutions – Richard M. –

Good afternoon ASC,

Due to my lack of foresight and planning, our normal routine prior to ASC H&I meeting would have interfered with activities, and I didn't catch it in time to give the members of the committee adequate time to adjust. We made a schedule for May so as not to miss any commitments, and we will meet again in person on the first Sunday of May.

C. **Literature** – Natalie M.– **No report**

D. **Public Relations** – Robb B.-

Hey Everyone,

The PR Subcommittee is officially changing its meeting time to the LAST MONDAY of every month. Thank you to everyone who came this past month. We will be meeting on Zoom for the time being. A few projects on the horizon, and a couple of updates on some things.

First, I was contacted by someone on our regional board about the meeting that was taking place in Warsaw. The previous members of that home group have moved out of the area and recently have had a reignited interest in having meetings out there. There are several members who are newcomers who want to have NA meetings out there. I was hoping to organize a Q&A session to happen maybe in the coming month. If you are interested in being of service, see me! We are excited to establish new meetings out there and look forward to helping.

Next, I was contacted by the North Stafford Church of Christ about having a meeting space available. They are open to having NA meetings there. They have availability during the weekdays, but weekends are currently unavailable. There is a small scheduling conflict on Tuesdays once a month with an outreach pantry they run. If anyone is looking for a new meeting space or is looking to start a meeting in Stafford, let me know, and I can connect you.

Next, I want to thank everyone who came out to the PR Learning Day last month. We have gotten new volunteers for the phone line, which is very exciting. We are still in need of more male volunteers. If you are interested, we ask similar clean time guidelines to those of an H&I Panel Leader – 1 year clean, have a sponsor, and actively working steps.

Finally, I have been exploring some PR opportunities for community events in the coming year. I have reached out to the Zoe Freedom Foundation to potentially have a table set up at their 5K in August. I have reached out to the county fairs, but they are pretty set on fees that are presently out of our limitations. If anyone is interested in manning a table or comes across a recovery community event, please let me know so we can reach out. I have meeting lists today for anyone who needs them, and I will submit reimbursement for that. Thanks again for allowing me to be of service, and we look forward to seeing you at our next meeting on April 27.

E. **RACCNA (Convention)** – Ron M. –

Hello everyone,

We've had two meetings since you voted me into the convention chairperson. Some of the things that we have accomplished are:

- Dan W. voted in for Vice Chair
- Holly F. voted in for Secretary
- Jay H. voted in for Treasurer
- Rudy C. voted in for Programming Chair
- We've closed our old bank account with RANA and have opened our own account.
- We've been talking about the theme and how to go about it.
- We've also created a RACCNA Gmail account.

Today, I have a couple of questions for the area service board. Are we able to use the RANA Zoom account? Can we add a link to the area's website for a Google form to collect convention themes from home group members or NA members?

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I still need to get with Lisa B. and change the names on the P.O. Box.

So lastly, for the GSR announcements, please announce open positions for RACCNA:

- Alternate Secretary
- Alternate Treasurer
- Registration for Convention
- Information Hospitality
- Fundraising
- Arts and Graphics
- Merchandising

Also, please announce that we are looking for a theme for the convention by June.

More information will be announced on how to submit your entry.

Thanks for letting me serve,

Ron M.

F. **Ad hoc (Amend Bylaws for RACCNA)** – Richard M. –

After speaking with the RACCNA subcommittee and bringing the question of the placement of chairperson requirements to the area body, we have decided how best to move forward. The four new business motions resulted from the ad hoc subcommittee meeting.

ILS,

Richard M.

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Britany M.	Sun. 7:00 – 8:15 PM	11	29/4	0	\$16.00
4/12 – Richard M. 11 yrs; 5/17 – Maurice F. 2 yrs; Joy M. 6 yrs – TBD; The format is changing to a candlelight meeting year-round.						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	6	10/3	0	\$127.65 + \$21.60 cr
Clean Works	Mark T.	Wed. 7:00 – 8:15 PM	14	20-40/5	\$51.50	\$70.44
5/6 - Rachel C. 5 yrs; 5/13 – Nate S. 1 yr						
Welcome to the Naborhood	Dawn L.	Thu. 7:00 – 8:00 PM	-	-/-	-	-
In It to Win It	Cat E.	Mon. 7:00 - 8:15 pm	5	24/2-3	\$30.00	\$147.10
Back to Basics	Jason B.	Fri. 7:00 – 8:15 PM	10	25/5	\$50.00	\$59.35
5/1 – Felicia H. 9 yrs; In process of changing format – more will be revealed.						
Primary Purpose	Michael M.	Sat. & Sun. 1–2:30 PM	12	13-15/2	\$18.00	\$20.00
Expeirience, Strength, & Hope	Lisa B.	Sat. 7:00 – 8:30 PM	-	-/-	-	-
Hope Fiends	Anita B.	Tues. 7:00– 8:15 PM	4	18/2	0	0
Ladies & Gentlemen in recovery	Holly F.	Thurs. 7:00-8:15 PM	10	25/2	0	0
4/30 - John F. acknowledging 37 yrs						
Alive & Free	Charlie B.	Multiple days	-	-/-	-	-
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	4	4-5/0	0	0
In need of support from the men.						

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XIII. 10 MINUTE RECESS – Taken/Not Taken

XIV. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Brittany M.	REP
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Cat E.	REP
4. Clean Works	P	Mark T.	GSR
5. Welcome to the NAborhood	A	Dawn L.	GSR
6. Back to Basics	P	Jason B.	GSR
7. Primary Purpose	P	Michael M.	REP
8. Experience, Strength & Hope	A	Lisa B.	GSR
9. Hope Fiends	P	Anita B.	GSR
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Alive & Free	A	Charlie B.	GSR
12. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 8 per Bylaws	
Group Represented	9
Procedural Votes	9
Quorum Met?	YES

**XV. Old Business-
Motion # 03-01-03**

Date: 03/01/2026

Motion Maker: Richard M.

Second by GSR: Holly F.

Motion: \$150 literature order for H&I

Intent: To continue to carry the message to the addict who still suffers

Should this motion be sent back to the groups? NO

VOTE: This is a budgeted item. **PASSED**

XVI. Open Sharing Session

Discussion was had on RACCNA's request of having a Google form created for the Convention Theme ideas to be submitted by members of the area and put up on the RANA website – PR to assist in this after a straw poll taken by GSRs with votes 9 – 0 – 0.

RACCNA was also allowed to use the ASC Zoom link for subcommittee meetings after a straw poll taken by GSRs with votes 9 – 0 – 0.

An addict brought up that another addict who works at a treatment center requested a learning session at the treatment center on meeting etiquette for the clients and staff when they attend meetings in the area. They said the behavior by the clients and staff during some meetings led to this being brought up—the importance of also reminding the treatment centers that we are not affiliated with them or the church. Another addict brought up that it may be up to the more experienced members at these meetings to educate newcomers on how a Narcotics Anonymous meeting is structured, as the clients/staff could be considered newcomers.

Someone brought up that it may blur the lines if we go to the staff and clients to tell them how to behave in a meeting. Another addict proposed the area holding our own learning day for the more experienced members to teach the newcomers the proper meeting etiquette, and to also invite the staff of the treatment facilities. Discussion was brought up on the responsibility of the chairperson of a meeting to flag down and stop when disruptive behavior begins in a meeting in a loving and caring manner, and the importance and duties of the different positions within a home group. The treasurer brought up that there is enough money in the budget for a learning day to be held on this topic. Another member brought up the idea of holding it picnic style to entice more people to show up, as attendance at learning days can vary.

****An ad hoc subcommittee is to be formed to organize this learning day, chaired by Michael M., on April 26th at 4 PM, upstairs at Wegmans, and available by hybrid.**

XVII. New Business:

Motion # 04-12-03

Date: 04/12/2026

Motion Maker: Robb B.

Second by GSR: BUDGETED ITEM

Motion: \$71.08 Reimbursement for Meeting List printing

Intent: Budgeted item

Should this motion be sent back to the groups? NO

VOTE: This is a budgeted item. **PASSED**

Motion #04-12-04

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Move Article 6 Section 6 RACC Chairperson Requirements to Article 14

Intent: RACCNA, as an incorporated body, can no longer be considered a subcommittee of RANA

Should this motion be sent back to the groups? YES

Motion #04-12-05

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change Article 6 Section 7 (Ad hoc Subcommittee) to Article 6 Section 6

Intent: Have the correct placement of the Ad hoc subcommittee requirements with the removal of RACCNA chairperson requirements.

Should this motion be sent back to the groups? YES

Motion #04-12-06

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change all RACC abbreviations in the convention chair requirements to RACCNA

Intent: To update the by-laws to mirror the current incorporation language.

Should this motion be sent back to the groups? YES

Motion #04-12-07

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Remove line “L” of RACCNA chairperson requirements

Intent: Attending the weekly budget meetings is no longer a requirement for the RACCNA chairperson, now that they are incorporated.

Should this motion be sent back to the groups? YES

ASC OPEN POSITIONS:

- Vice Chairperson - Please announce.
- Treasurer I - Please announce.
- Treasurer II – Please announce.
- Secretary II – Please announce.
- RCM II - Please announce.

XVIII. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

None to report at this time.

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, May 3, 2026, on ZOOM & in-person.

Submitted to RANA ASC for approval by Noelle C.