

Rappahannock ASC Minutes for

May 2026

Welcome, new and returning ASC members!
12 Homegroups are currently in the Area!

Subcommittee Meeting Schedule:

Activities – 2nd Sunday – 3:00 on ZOOM/In-person Hybrid
H & I – 1st Sunday – 3:00 on ZOOM/In-Person Hybrid
PR – Last Monday of the Month – 6:00 on ZOOM
RACC- 2nd Wednesday – 6:30 on ZOOM/In-person Hybrid

Serenity Prayer/Motion to Record

I. Readings

- A. Service Prayer (Abrahm M.)
- B. Purpose of Area Service (Dana F.)
- C. 12 Concepts of NA Service (Richard M.)
- D. 12 Traditions of Narcotics Anonymous (Holly F.)
- E. Decorum Statement (Mimi W.)

II. Roll Call

A. Executive Committee Members and Subcommittee Chairs

POSTION	NAME	03	04	05	Report	Comment
Chair	Dan W.	P	P	P	-	Dan W. voted in on 9/07/2025
Vice Chair	OPEN	-	-	-	-	Position is open
Secretary I	Noelle C.	P	P	P	-	Noelle C. voted in on 2/1/26
Secretary II	OPEN	-	-	-	-	Position is open
Treasurer I	OPEN	P	P	P	-	Position is open – Britany M. pro temp until filled
Treasurer II	OPEN	-	-	-	-	Position is open
RCM I	Josh C.	P	P	P	-	Josh C. voted in on 7/13/25
RCM II	OPEN	-	-	-	-	Position is open
VRCC Dir.	Cat E.	A	P	P	-	Cat E. voted in on 04/06/25
Activities	Adri A.	P	P	A	-	Adri A. voted in on 12/02/25
H&I	Richard M.	P	P	P	-	Richard M. voted in on 09/07/2025
PR	Robb B.	P	A	P	-	Robb B voted in on 06/01/25
Literature	Natalie M.	P	P	P	-	Natalie M. voted in on 12/02/25
RACCNA	Ron M.	-	-	P	-	Ron M. voted in on 03/01/26

There are **12 meetings** in the Rappahannock Area every week!

Website: www.rappna.org ♦ Helpline Number: (800) 777-1515 (24 hours)

Rappahannock Area of Narcotics Anonymous
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Legend: P = Present A = Absent * = Arrived Late

B. Group Service Representative/Home Group Roll Call

GROUP NAME	03	04	05	GSR	POSTION
Primary Purpose	P	P	P	Michael M.	GSR
Welcome Home	P	P	P	Brittany M.	REP
Who Wants to Live	P	P	P*	Jeanette F.	GSR
In It to Win It	A	P	P*	Cat E.	REP
Clean Worx	P	P	P*	Mark T.	GSR
Welcome to the NAborhood	P	A	P	Dawn L.	GSR
Back to Basics	P	P	P*	Jason B.	GSR
Experience, Strength, & Hope	P	A	A*	Lisa B.	GSR
Hope Fiends	A	P	P	Anita B.	GSR
Ladies & Gentleman in Recovery	P	P	P	Holly F.	GSR
<i>Alive & Free</i>	P	A	A	Charlie B.	GSR
BE the WE	P	P	P	Mimi W.	GSR

Legend: P = Present A = Absent * = Arrived Late/Left Early

Italicized Groups have not reported to ASC in 2 or more months.

III. 1st Quorum Call

1 st QUORUM CALL -Must Meet 8 per Bylaws	
Group Represented	10
Procedural Votes	10
Quorum Met?	YES

IV. Adoption of the Agenda

Motion #05-01-01: To adopt the Agenda as proposed.

Maker: Mimi W.

VOTE: For: 10 Against: 0 Abstain: 0 **Motion: PASSED**

V. Adoption of April's Minutes

Motion #04-01-02: To approve the minutes for April.

Maker: Robb B.

VOTE: For: 10 Against: 0 Abstain: 0 **Motion: PASSED**

VI. Secretary Report

- A. **Secretary I – Noelle C. – No report.**
- B. **Secretary II - OPEN**

VII. Treasurer Report

A. **Treasurer I – *Britany M. pro temp* –**

Good evening, everyone,

As of today, the area bank account holds \$2,628.13. There was a deposit made of \$729.00, which included \$149.50 of area donations and \$440.50 of literature orders. Then check number #1121 was cleared for \$71.08 to Robb B. for meeting lists.

Now it's time to get into the issue at hand. So, on Thursday, I found out that the Zoom account payment didn't go through. After further research, I found that our bank card was deactivated, which is why the payment didn't go through. I started looking into the bank account, finding out that the area body members who are supposed to be on the account were no longer listed. So, I contacted the convention chair, Ron M., to see that their names were on the account only. It was then decided that after speaking with Ron, we would meet at the bank along with Dan, the area chair, as well as the vice chair for the convention. When we met with the bank, we found that when the convention changed to their own bank account and closed the sister account to the area's bank account, the bank took the area's tax ID and used that for the new convention account. In doing that, anyone on the area's bank account before the change of accounts would be taken off, bank cards would be deactivated, and the new card would be issued.

We couldn't resolve the problem of fixing the accounts that day with correct tax ID's to correct bank accounts and reissuing cards due to one of the members on the account being out of state for personal family things, and everyone on the account must be present to fix the issue. To fix the immediate problem, Robb B. paid for the Zoom account, so a reimbursement check will be issued to him. Robb also realized that by paying the Zoom account annually instead of monthly, we would be saving \$4 a month. Since that is budgeted, we went ahead and changed the payment to annual. The next problem to be resolved is the bank account itself.

This Saturday, Don, Ron, Jay and I will be meeting at the bank. We need the bank to put the correct Tax ID and name on the convention's new bank account and have their convention chair, vice chair, and treasurer on that account. Then the bank takes their names off the area account and has the Chair and Treasurer added to the area's account. Then the cards will be issued to the correct people. That can take 7-10 business days, so until the issue is resolved, I don't believe literature can be ordered. I know this is going to cause a lot of uproar and questions, however this was a mistake made by the bank – out of our control and at this time we should focus on getting in the solution, which we are doing so at this time.

Thank you,

Britany M.

- B. **Treasurer II – OPEN**

VIII. A. RCM Report - Josh C. –

Regional Vacation Positions:

- Vice-Chair, Vice-Treasurer, H&I Chair, Policy Chair, Public Relations, Ad-Hoc Chair, and Speaker Jam Chair

- Policy Chair and Vice-Treasurer were filled at the April RSC.

17 Areas in our Region. 08 Areas were present during the April RSC.

Region Ending Balance of April: \$22,875.00

Upcoming June RSC

When: June 20, 2026

Where: TBD

GSR Assembly Topics Discussed:

- We had 22 in person and 7 on Zoom for the GSR assembly yesterday.

- Can an RSC hold more than one position? Can you fulfill the duty you have and the RSC position? Section 6, number 5, Current service positions held will be discussed to determine if a conflict exists. No conflict if you trust the trusted servant. Read your area and regional policy. Can you separate the two?

- Piedmont/New Dominion worked together to get literature to Dilwyn Correctional Center.

- Trust the process, ask the questions, write them down, and don't be afraid to ask to learn, to grow. For showing up for our own recovery.

- Recovery and service are not separate; in service, you grow and stay connected.

- Camp Jam seeking speakers

- Info on subcommittees having separate bank accounts. How do the different areas work with the bank accounts – all in one, separate, or the chair on all separate? What services does the situation require?

RCM Work Done Since Last ASC:

I attended the Regional 2-day RSC on April 18 and 19. We have two regional motions this month that are going back to home groups for voting. I have attached these motions to my report.

Forever Circled,

Josh C.

RANA RCM

RCM@rappna.org

B. RCM II – OPEN

XI. VRCC Report – Cat E. -

Hi RANA family,

VRCC will meet on May 17, 2026, online or at UVA Hospital.

10-12 PM policy meeting. Business meeting until 4 PM.

I sent the Secretary AVCNA bid guidelines after our ASC meeting in April.

More to be revealed.

Thanks for allowing me to serve,

Cat

IX. RACCNA (Convention)- Ron M. -

Hello everyone,

We have not met since the last Area service. Our next RACCNA meeting is on Wednesday, May 13th, from 6:30 – 7:30 PM. I'm glad Britany explained all the bank issues, and hopefully, the questions are out of the way.

For GSRs to announce:

- We need a Registration Chairperson, but there are also many other positions to be filled. Please see Ron M, Rudy C, Holly F, Jay H, or Dan W.
- We are excited to announce our first Speaker Jam:
RACCNA Welcome Back
June 27th, 1-7 PM
Spotsylvania Church of Christ
10609 Piedmont Dr, Fredericksburg, VA 22407
Contact: Programs Chair, Rudy C. (540) 429-5284

The Menu includes:

\$20.00 meal – 2 pcs of fish, potato salad, green beans

\$10.00 – fish sandwich (2 pcs)

\$5.00 – extra side

\$1.00 – drink

- The convention theme ideas deadline is at the Speaker Jam on June 27th. The theme will be announced at July's Area service.

That's all for now.

Thanks for letting me serve,

Ron M.

X. Subcommittee Reports

A. Activities– Adri A. –

Hey everyone,

Sorry, I can't make it to Area this month, at work and such. I don't have too much to report other than that our next event will be "Fellowship and Fun Under the Sun" and it will be held at Loriella Park from 12 pm-5 pm. Hope to see everyone there! If we could also keep announcing it at meetings we go to, that would be great!

Thank you all for your service.

B. Hospitals & Institutions – Richard M. –

Good afternoon ASC,

We are still maintaining 8 commitments at 2 facilities. We are currently working on streamlining schedules and possible speaker phone lists using Google Docs. We are always looking for possible speakers to share experience, strength, and hope with a minimum clean time to share at Sunshine Lady House is 90 days, a minimum of 1 year to share at Boxwood.

In loving service,

Richard M.

C. Literature – Natalie M.– **No report.**

D. Public Relations – Robb B.-

Hey everyone,

Lots going on over here in PR. This month, I have been in talks with the church mentioned last month in North Stafford about establishing a new meeting in Stafford. We are also reaching out to other churches and organizations in the area about expanding our meeting space options. I also spoke with the Fredericksburg Mental Health Alliance about participating in some events happening later in the year.

I established a connection with the Zoe Freedom Foundation, a recovery organization in the area. I will be having lunch with their events and community outreach person to discuss how we can have collaborative efforts in the future. We were hoping to have participation in their 5K for Overdose Awareness in August, but they don't have the opportunity for organizations to set up tables at the event, only to be sponsors.

I also spoke with the FXBG Pride organization about potentially having a table set up at the Pride Day on June 27th. While these are all exciting connections to be made, they will require some participation from us as a fellowship. If you are interested in helping at an event to spread the message of recovery through Narcotics Anonymous, please let me know – I cannot facilitate these things alone. PR is a very important part of our fellowship.

In other matters, I would like to spend some time with each subcommittee chair to make edits and improve the information on each subcommittee's page on the website.

Thanks for the opportunity to serve.

Robb B.

E. Ad hoc Subcommittee: Learning Day – Michael M. -

Due to the lack of attendance on April 26th, this subcommittee meeting to form the learning day for members to learn how to address the disruptive behavior by treatment centers that come to our meetings in the area will be rescheduled to May 17th at 4 PM at Wegmans – potentially hybrid.

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GSR HOME GROUP REPORTS

Home Group	GSR/ALT/REP	Meeting Day & Time	Homegroup Members	Avg. Weekly Attendance / Newcomers	Group Donation to Area	Literature Order
Welcome Home	Britany M.	Sun. 7:00 – 8:15 PM	14	33/4	-	\$10.00
5/17 – Maurice F. 2 yrs start at 6:30						
Who Wants to Live	Jeanette F.	Mon. – Fri. 12 – 1:15 PM	7	12/4	-	\$21.25
5/25 – Meeting at Kenmore Park						
Clean Works	Mark T.	Wed. 7:00 – 8:15 PM	14	40/8	-	\$58.65
5/6 – Rachel C. 5 yrs; 5/13 – Nate S. 1 yr						
Welcome to the Naborhood	Dawn L.	Thu. 7:00 – 8:00 PM	5	9/1	-	-
No longer mailing basic texts due to no longer having any.						
In It to Win It	Cat E.	Mon. 7:00 – 8:15 pm	6	22/3	-	-
Back to Basics	Jason B.	Fri. 7:00 – 8:15 PM	11	38/10	-	\$27.30
4/22 – Kathy B. 45 yrs						
Primary Purpose	Michael M.	Sat. & Sun. 1–2:30 PM	12	12/2	-	\$20.00
Kevin W. & Joseph F. celebration dates TBD; 5/23 – Jeff W. 24 yrs; 6/7 – Roger H. 7yrs						
Experience, Strength, & Hope	Lisa B.	Sat. 7:00 – 8:30 PM	6	13-20/3	-	-
Hope Fiends	Anita B.	Tues. 7:00– 8:15 PM	4	16/3	-	-
Ladies & Gentlemen in Recovery	Holly F.	Thurs. 7:00-8:15 PM	8	30/2	-	\$55.50
5/28 – Pizza Party & Speaker Night, will not be separating.						
Alive & Free	Charlie B.	Multiple days	-	-/-	-	-
BE the WE	Mimi W.	Tues. 7:00-8:15 PM	4	4/1	-	-
Support welcomed from the MEN						

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XI. 10 MINUTE RECESS – Taken/Not Taken

XII. 2nd Quorum Call –

HOME GROUP NAME	P/A	NAME	POSTION
1. Welcome Home	P	Brittany M.	REP
2. Who Wants to Live	P	Jeanette F.	GSR
3. In It to Win It	P	Cat E.	REP
4. Clean Works	P	Mark T.	GSR
5. Welcome to the NAborhood	P	Dawn L.	GSR
6. Back to Basics	P	Jason B.	GSR
7. Primary Purpose	A*	Michael M.	REP
8. Experience, Strength & Hope	P	Lisa B.	GSR
9. Hope Fiends	P	Anita B.	GSR
10. Ladies & Gentlemen in Recovery	P	Holly F.	GSR
11. Alive & Free	A	Charlie B.	GSR
12. BE the WE	P	Mimi W.	GSR

2nd QUORUM CALL -Must meet 8 per Bylaws	
Group Represented	10
Procedural Votes	10
Quorum Met?	YES

XIII. Old Business-

Motion #04-12-04

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Move Article 6 Section 6 RACC Chairperson Requirements to Article 14

Intent: RACCNA, as an incorporated body, can no longer be considered a subcommittee of RANA

Should this motion be sent back to the groups? YES

VOTE: FOR: 6 AGAINST: 0 ABSTAIN: 4 MOTION: **FAIL**

Motion #04-12-05

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change Article 6 Section 7 (Ad hoc Subcommittee) to Article 6 Section 6

Intent: Have the correct placement of the Ad hoc subcommittee requirements with the removal of RACCNA chairperson requirements.

Should this motion be sent back to the groups? YES

VOTE: FOR: 6 AGAINST: 0 ABSTAIN: 4 MOTION: **FAIL**

Motion #04-12-06

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change all RACC abbreviations in the convention chair requirements to RACCNA

Intent: To update the by-laws to mirror the current incorporation language.

Should this motion be sent back to the groups? YES

VOTE: FOR: AGAINST: ABSTAIN: MOTION: **FAIL**

Motion #04-12-07

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Remove line “L” of RACCNA chairperson requirements

Intent: Attending the weekly budget meetings is no longer a requirement for the RACCNA chairperson, now that they are incorporated.

Should this motion be sent back to the groups? YES

VOTE: FOR: AGAINST: ABSTAIN: MOTION: **FAIL**

****All four of these motions are to go back to home groups to vote on again for June ASC.**

XIV. Open Sharing Session

The following grievance letter was submitted and read to the area:

To Whom It May Concern

I am writing this grievance letter to express some concerns regarding the actions, behaviors and decisions observed in a recent Narcotics Anonymous area service meeting that appear to be inconsistent with the foundational principles of the program, specifically Traditions one and Concepts 1,3,4,9 and 10, as well as the spiritual principles that guide our fellowship.

Tradition 1 reminds us that our common welfare should come first, and that personal recovery depends on NA unity. However, recent conduct within the meeting environment created division and disrupted the sense of unity that is essential to recovery. Concept 1 emphasizes that the final responsibility and authority for NA services rests with the groups which this body is made up the GSR's who represents the groups. Everything said and the choosing of the positions were based on personality not principles of the program. The assassination of any members character is not wanted and should not be tolerated in any service structure. In addition Concept 3 which speaks on delegation of authority balances out on a single accountability, This did not seem to be upheld on this particular in this meeting setting. As Trusted servants acted without sufficient transparency.

Furthermore, Concept 4 highlights the importance of effective leadership that should be accountable to those they serve, Actions conducted on this daybed not reflect accountability or openness, leading to more confusion and uncomfotability amongst myself and other members as well. Concept 9 calls for good leadership and clear definition of responsibility, You all had a responsibility to serve without judgment a prejudice, This day you failed to be Unbiased instead the opposite was rendered. The lack of clarity in the roles and decision making processed contributed to disorder, and undermined the integrity of the meeting. people were uncomfotable (but chose not to speak up). Speaks volumes.

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This letter is not written to criticize individuals, but rather to advocate for adherence to the principles that protect the unity and effectiveness of Narcotics Anonymous. I respectfully request that these concerns be reviewed and addressed through proper group conscience process so that going forward other meetings may better align with NA Traditions, Steps and the Concepts of this program.

In Closing before anyone take as much energy out of your day, and time as well as your own issues, situations, circumstances and business, that you be willing to take a honest and thorough tenth step inventory of ones self to look within yourselves before judging, assassinating, berating. Or belittling another member of this program, that states we all have a voice, and anyone have a right to be heard or participate in this program. And Remember this, You are a member when YOU say you are.

Thank you for listening and reading.

ILS Lisa B.

*****In response, an addict made a motion to retroactively remove the word “abrasive” from the March 2026 ASC Minutes.***

VOTE: FOR: 7 AGAINST: 0 ABSTAIN: 3 PASSED

A discussion was held on why GSRs abstained from the four motions that failed. An addict suggested that if a GSR is confused by a motion that needs to pass, to reach out to other addicts to get clarification.

Another addict brought up the importance of area donations from home groups, so the budget made for 2026 will continue to work, as the budget was created with getting donations from home groups in mind.

XV. New Business:

Motion #05-03-03

Date: 05/03/2026

Motion Maker: Robb B.

Second by GSR: N/A

Motion: Reimbursement for \$178.40 to Robb B.

Intent: While the bank account information is being sorted out, we temporarily purchased the Zoom account to keep the Pro Version subscription. While doing so, we purchased the year-long subscription for \$178.40, as it saved \$4 a month.

Should this motion be sent back to the groups? NO

Vote: **PASSED. This is a budgeted item.**

Motion #05-03-04

Date: 05/03/2026

Motion Maker: Britany M.

Second by GSR: Jason B.

Motion: Reimbursement

Intent: Reimbursement for Treasurer needs. \$6.81 for receipt books.

Should this motion be sent back to groups? NO

Vote: **PASSED. This is a budgeted item.**

Motion #04-12-04

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Move Article 6 Section 6 RACC Chairperson Requirements to Article 14

Intent: RACCNA, as an incorporated body, can no longer be considered a subcommittee of RANA

Should this motion be sent back to the groups? YES

Motion #04-12-05

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change Article 6 Section 7 (Ad hoc Subcommittee) to Article 6 Section 6

Intent: Have the correct placement of the Ad hoc subcommittee requirements with the removal of RACCNA chairperson requirements.

Should this motion be sent back to the groups? YES

Motion #04-12-06

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Change all RACC abbreviations in the convention chair requirements to RACCNA

Intent: To update the by-laws to mirror the current incorporation language.

Should this motion be sent back to the groups? YES

Motion #04-12-07

Date: 04/12/2026

Motion Maker: Richard M.

Second by GSR: Britany M.

Motion: Remove line “L” of RACCNA chairperson requirements

Intent: Attending the weekly budget meetings is no longer a requirement for the RACCNA chairperson, now that they are incorporated.

Should this motion be sent back to the groups? YES

CARNA Regional Motion #238-1

Date: 04/19/2026

Motion Maker: Mary R. of New Dominion Area

Second by: Marla G. of Gateway 2 Freedom Area

Description: At this time, it’s in policy that RCMs be a part of regional events, but there is no timeframe to notify RCMS of these events in a timely manner.

Motion: Under Guideline II Section VIII, additional guidelines, the maker proposes the addition of the following statement: “For all events (excluding April 2-day), there will be a letter or email sent out 6 months minimum before these events.” (Except during conference year).

Intent: To ensure that the RCMs have enough time to present to their area and be able to let the Region know if their area would like to help/host that year’s event. (This excludes the 2-day April event).

Should this motion be sent back to the groups? YES

CARNA Regional Motion #238-2

Date: 04/19/2026

Motion Maker: Marla G. of Gateway 2 Freedom Area

Second by: Mary R. of New Dominion Area

Motion: Under 6A Regional Delegate Duties, the maker proposes a line be added for a timeline/deadline change from December to a 6-month minimum to notify all RCMs via the RSC, as well as a letter and/or email that that year's April 2-day event will be held in their area.

Intent: To ensure that the RCMs have enough time to be able to let the Region/RD Team know if their area would like it to be held in their area.

Should this go back to the groups? YES

ASC OPEN POSITIONS:

- Vice Chairperson - Please announce.
- Treasurer I - Please announce.
- Treasurer II – Please announce.
- Secretary II – Please announce.
- RCM II - Please announce.

XVI. Review of Group Status and Business

The following groups have missed at least 2 consecutive ASC's:

Alive & Free – they may be bringing in a new member to participate at area. More to be revealed.

- Adjournment and Serenity Prayer

The next ASC meeting begins at 4 p.m. on Sunday, June 7, 2026, on ZOOM & in-person.

Submitted to RANA ASC for approval by Noelle C.